

Your local community newspaper with news and views from the Shirehampton area

No. 573 - October 2019 www.shire.org.uk 5,000 copies monthly

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the Activities
Available at
Lawrence Weston
Community Farm
See Page 6
for Details

Market Success Reignites Community Spirit

Shirehampton's first High Street Market was officially opened by the Lord Mayor of Bristol, Councillor Jos Clark on Thursday 5th September at the Tithe Barn.

It didn't take long for crowd waiting outside to investigate what market stalls were on offer. Jewellery, perfume, cushions, bags, women's clothes, specialised teas, honey products, vegan and free from cakes, jam, pickles, chutney, chocolate, hot food from Jamaica, Italy and India for the lunchtime, and favourites were fish, shellfish and cheese. All the stalls were popular with some selling out of particular items. Cockles were snapped up, not a surprise with our history of the cockle lady.



The market exceeded all expectations and more besides. Tea, coffee and cake were sold throughout the day. Customers chatted at tables with a cuppa on hand and lunch catching up on each others news. Many said the High Street Market brought the community spirit back to life and many had a happy shopping experience.

People from the four villages came along to show their support and we had people travelling from Pill and Easton in Gordano doing their shopping.

"The cheese was the bee's knees, the gorgonzola was strong in taste and thoroughly enjoyed". Said Sandra, whilst Katie said "the chilli jam is absolutely gorgeous. I'll be going back next month to stock up". Wendy said "I really enjoyed the chicken curry at lunchtime. Congratulations to all involved."

One dad added. "My children loved the chocolate stall. Really enjoyed the market".

"All the stalls were good value and the fish stall was brilliant" said Jayne.

Roxy and Evie concluded "What a truly wonderful market. We've had such a nice morning, met some lovely people, eaten some delicious cake and bought some great presents. It's reinforced the strong sense of community. We'll definitely be back, and I'll be telling everyone I know about it".

Thank yous for the day go to Tracy Zehtabi, Sherralee Parton, Ash Bearman, Katherine Birth, John Hastings, Jess Martens, Renee Slater, Dianne Frances, Colin Godfrey, Vick Crane, Jess Collard, Peter Vincent, Pat Gardiner, the Lord Mayor, our markets traders who took that chance, believed in us and what we wanted to achieve. And you, the community of the four







villages and beyond for supporting the markets now and in the future.

We look forward to seeing you on Thursday 3rd October at the Tithe Barn for the High Street Market from 10am - 3pm.

We will also be running a Health and Wellbeing Market on Saturday 5th October at Shirehampton Public Hall from 10am - 3pm.

For regular news updates go to www.facebook.com/shirehamptonmarkets

Kathryn Courtney.

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Any material published is at the editor's discretion and may also be included on our website www. shire.org.uk unless the copy is clearly marked 'not to be included on the world wide web'.

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WHAT'S ON IN OCTOBER

@ THE PUBLIC HALL

MONDAY

- Twyford Art Club. 10am-12noon
- Yoga. 6.15-7.30pm

TUESDAY

- Line Dancing. 2-3pm
- Tile Making. 12th & 19th 2-4pm
- Hula Hooping. 4:30-5:30pm £3.50
- Puppy Training. 6.30-8.30pm • Coffee Morning. 1st Tuesday

WEDNESDAY

- Twyford Art Club. 9.30-11.30am
- Model Railway Club. 7.30pm onwards
- Shire Stitchers (every 3rd Wednesday). 7.15-9.15pm
- Womens' Fellowship (2nd and 4th Wednesday). 7.30-9.30pm

THURSDAY

- Sea Mills Art Club. 10am-12noon
- Tai Chi. 2pm-3.30pm
- Grainger Players. 7.30-9.30pm

FRIDAY

- Playtots. 10-11.30am
- Evergreens. 2–4pm
- Shire News (Last Fri of month). 4pm
- Bingo. 6.30-8.30pm
- Pillow Lace Club.7-9pm

SUNDAY

- Church of Grace. 9.30am-2pm. Hall & Springfield
- Learn to Meditate 8.15pm Portway Room from 7 January

@ THE TITHE BARN

MONDAY

- S.T.O.M.P Dance Club (Term Time) 4-4:30pm age 4-6, 4:30-5:30pm age 7-11, 6-7pm age 11-16
- Totstop. 1:15-2:45pm under 5's

TUESDAY

- Chair Aerobics, 10-11am £4
- Youth @ The Barn 7-8:30pm (Term time) age 10-16. 50p & bring change for tuck

WEDNESDAY

• Mother's Union 2nd Wednesday 2:30pm

FRIDAY

• Chair Aerobics. 10-11am £4

@ SHIREHAMPTON **HEALTH CENTRE**

TUESDAY

• Shire Advice Service. 10am-12 By appointment: 951 5751

WEDNESDAY

• NHS Baby Clinic -12:30-2pm

@ COTSWOLD COMMUNITY CENTRE, **Dursley Road**

MONDAY

- Pilates. 9.30-10.30am
- Personal Fitness Training 7-8pm

TUESDAY

- 1st & 3rd Tues Film Night 7:30
- 2nd & 4th Tues Climate Emergency Group 7:30-9:30

WEDNESDAY

- Keep Fit. 10:30-11:30am
- Pilates 6:30 to 7:30pm

THURSDAY

• Bingo. 2:30-4pm • Personal Fitness Training 7-8pm

FRIDAY

• Keep Fit. 10:30-11:30am

MONTHLY

- 1st Sunday of month Breakfast Club - 9:30 to 11am (Bingo the evening before at 7:30pm).
- · 2nd Sunday of the month -**Cotswold Christian Community** Meeting 4:45 pm
- 2nd Saturday of the month -Coffee Morning 10:30am-12 noon
- 1st & 3rd Tues Film Night 7:30pm Saturday (6 weekly from 11th Jan)
- Quiz Night 7:30pm

@ AVONMOUTH **COMMUNITY CENTRE**

MONDAY

- Zumba Gold 12:15pm £4
- Keep Fit 50+. 7:30-8:30pm £4.50

TUESDAY

• Genealogy. 4th Tuesday 7pm

WEDNESDAY

• Happy Reading Cafe 2nd Wednesday 1:30pm

THURSDAY

• Circle Dancing. 3pm £3

FRIDAY

• Weightwatchers. 9:30am www.avonmouthcca.org.uk Tel 0117 907 1524

@ St ANDREWS CHURCH HALL, **Avonmouth**

- St Andrew's Ladies Club. 1st and 3rd Tuesday, 7:30-9:15 pm
- Dancercise every Wednesday 10am. Free to unemployed and those on low income. FB @dancercise.bristol or Anna on 07852988895

@ SHIREHAMPTON **CHURCHES**

@ ST MARY'S

- Kids Klub Sunday. 8:30am
- Craft Group. Tuesdays 2-3:30pm
- Golden Oldies Sing-Along 1st Wednesday.10:30-11:30am. Voluntary donation £2

@ SHIREHAMPTON **BAPTIST CHURCH**

- Services Sundays. 10:30am 2nd Sunday Cotswold Community Centre 4:40pm
- Mainly Music Carers & Toddlers -Tuesdays (term time). 9-11am
- Gospel Generation Community Choir - Wednesdays in term time 7pm-8:15 pm. Free. All welcome.
- · Scrapbooking Workshop -3rd Saturday 10:30am-16:30pm

@ SHIREHAMPTON METHODIST CHURCH

- Service Sunday 11am
- Monday Movies and Afternoon Tea - Mondays 2:00 -4:00 pm. Tel (0117) 382 3694 for details
- Weight Watchers Tuesdays 10am AND 5:30pm Church Hall (Contact Roma 01454 613222)
- Bacon Butties, Coffee and Cakes - 1st Sat 10-11:30am

@ PBA CLUB, **Nibley Road**

MONDAY

• Line Dancing 8-10:30pm £4.50

TUESDAY

- Zumba 7-8pm £5
- 3rd Tuesday Retired Employees Association, 12 noon

THURSDAY

• Stroke Support 1:30-4pm

@ SCOUTS HUT, St Mary's Road

191stbristolscouts@gmail.com

MONDAY

• Cubs 5:45-7:15pm boys/girls 8-10 **TUESDAY**

• Beaver Scouts 5-6:15pm boys & girls 6-8

THURSDAYS

- Cub Scouts 6-7:30pm boys & girls 8-10+
- Scouts 7:30-9pm boys/girls 10+ -14

@ NSC BOXING CLUB. Smelters Gym, **Barracks Lane**

MON, WEDS & FRIDAY

• 7-8:30pm. Head Coach Garry Cave. 07876 233621

@ T.S. ENTERPRISE, T.S. Enterprise, Station Road

MONDAY & THURSDAY

- Sea Cadets 12-18 years 6:45-8:45pm **FRIDAY**
- Shirehampton Amateur Radio Club. 7:30-10pm

@ KYOTO SHOTOKAN **KARATE CLUB**

THURS @ AVONMOUTH

RFC • 6:30-8:30pm

@ OTHER VENUES

@ AVONMOUTH RUGBY **CLUB**

- Ladies Rugby Under 13s 6:00-7:00pm under 15's and under 18's 7:00 - 8:00 pm
- Claire's Ladies 18+- 6:30 -8:00 pm PENPOLE LUNCH CLUB -**TUES**

• 11:30am-2pm (Details: Sandra (0117 938 1236) @ SHIREHAMPTON

- **LIBRARY FRIDAY** • Code Club 3:45-4:45pm Age 9-11 @ ST BEDE'S COLLEGE -
- **TUES**
- Cricket, 5-6pm Age 11-16 Community Football Fridays 6-7pm. Ages 11-15
- Pitch1; 16-21 Pitch 2 • Girls Football, ages 8-16-
- Saturdays 11am-12noon Archery Club. Saturdays 1:30 -3:30pm £2
- Pay and Play Football. Saturdays 1:30-4:30pm £1

@ JIM O'NEILL HOUSE **THURSDAY**

SATURDAY

• Slimming World. 9.30am, 11:30am, 5.15pm and 7:15pm. Information: 01275 844825

01275 844825 @ SEA MILLS

ST EDYTH'S CHURCH

• Slimming World: 9.30am.

- Pilates. Mondays 7:15pm and 8:15pm 07905 364256
- Dancercise every Thursday 1.30pm. Free to unemployed and those on low income. FB @ dancercise.bristol or Anna on 07852 988 895

SEA MILLS COMMUNITY CENTRE

• Yoga. Thursdays 6:30-7:30pm, Fridays 10-11:30am

(SCAF) SHIREHAMPTON COMMUNITY ACTION **FORUM MEETINGS 2019**

Shirehampton Public Hall

• Weds 2 October AGM 7-9pm • Weds 11 December 2-4pm

Please send all updates for the What's On section to editor@shire.org.uk by the 10th of the month before publication



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Shirehampton Climate Talks

The Shirehampton Climate Emergency Group hosted a morning of talks about Climate Change in the Methodist Church last month. Between 50 and 60 people attended, many of them families with small children. The talks were held alongside the church's monthly Coffee Morning so there was a relaxed, friendly, community spirit about the whole event.







BBC producer Paul Williams, who lives in Shirehampton, showed film from his work on natural history programmes which illustrated how much climate change has already affected the habitats of some of our best loved and most iconic animals. Both polar bears in the Arctic and tigers in the mangrove swamps of Bangladesh are threatened with extinction as ice caps melt and sea levels rise. Orangutan habitat is being lost to logging in rainforests and Pacific island nations are already sinking beneath the waves.

rapid climate change. She reminded us that the IPCC, the International Panel on Climate Change, has warned that we have a decade, ten short years, in which to reduce our carbon emissions to zero. Depressing and frightening as this reminder is, Nikki also had much to say about positive change. Change which we can help bring about. As she said one of us alone has little influence, but if all of us decide, for example, to heat our houses a little less, to eat less meat or to buy more organic and local vegetables, to give up recreational flying and to walk, cycle and use public transport more, then large scale carbon producers like agriculture, aviation and the fossil fuel industry will find market forces pushing them to reduce their emissions.

Our last speaker was a representative from Extinction Rebellion. She reminded us that what we face is not just the extinction of beloved animals, but our own extinction. Extinction Rebellion exists to resist that threat. It demands that Government TELL the TRUTH about climate change and ACT NOW to begin to seriously reduce carbon emissions. It is because Government seems to be in denial about the seriousness and immediacy of the threat that Extinction Rebellion uses creative disruption as a means of getting us to pay attention. Extinction Rebellion, in the tradition of Thoreau, Gandhi, and Martin Luther King, is first and foremost fully committed to Non-Violent Direct Action to bring about regenerative change.

The Climate Emergency Group is deeply grateful to all these speakers, to the Methodist Church for their generous hospitality, to our MP, Darren Jones, who supported and encouraged our work, and to everyone who attended the event. Anyone who would like to know more about the climate group can contact us at **shireclimategroup@gmail.com**.

The Bristol Shiplovers Society

Our society has been afloat since 1931 – a remarkably long time – thanks to many friends like those in Shire. Lets hope we can make it to the centenary.

Programme of talks for this year;

7th Oct – Bristol & its Ships – Geoff Williams

21st Oct – Thames Spritties – Michael Newstead

4th Nov – Around the world on a shoestring – Peter Strickland

18th Nov - HMS Exeter - David Verghese

Meeting take place at RBL Whitchurch, Staunton Lane, BS14, starting at 7.30pm. Open to all with an interest in ships and the sea. Visitors very welcome (£3 per head)

Editor comment: Thanks for the kind donation

threatened with extinction as ice caps melt and sea levels rise. Orangutan habitat is being lost to logging in rainforests and Pacific island nations are already sinking beneath the waves.

Local energy campaigner, researcher and writer Nikki Jones took us through the scientific evidence that shows that man-made emissions are fuelling force

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Letters to the Editor

A BIG THANK YOU!

Dear Editor

On behalf of all of us at Shirehampton Out Of School Activities (SOOSA) we would like to thank Shire for your kind donation of £300 which got the ball rolling for a much needed new kitchen at Shirehampton Primary School. We are thrilled with the bright, new kitchen that will be used every-day at After School Club (Term time) and Holiday Play Schemes (School holidays)

Other donations from Georgina Lloyd in loving memory of her Dad, Brian Lloyd who died earlier this year. David - Manager at the Co-op also donated proceeds from a sponsored bike ride. Eileen O'Neill - thank you for making the final donation to make this happen.

You have all made such a difference, your generosity really appreciated. Kind regards

Rita Rich. (Project Manager) LWOOSA/SOOSA.



RACE FOR LIFE

Dear Editor,

I would like to say thank you to family, friends, and neighbours for sponsoring me for the Race for Life. I raised over £500 which will go to Cancer Research. Many thanks to you all!

Tessa Good

Editor response – well done Tessa, great cause!

MARKET GARDEN MEMORIES

Dear Editor,

I wonder how many of your readers remember the old market garden opposite St. Mary's Church. It occupied the whole area between Walton Road and Bradley Crescent, which is now occupied by the 'new' houses in Church Leaze and the Health Centre. It contained a large orchard, which I could see from my house in Walton Road.

If I recollect correctly, there was a ow stone wall opposite the higher church stone wall in Pembroke Road. This low wall marked the upper end of the market garden.

Opposite the present St Mary's driveway was the entrance to the market garden shop, which lay at the bottom of some stone steps. There it sold its home grown produce and I remember in particular one of the varieties of apples sold. They were small and hard and very sweet – the best apples I have ever tasted! I have no idea of the name of the market garden and its shop. Maybe other readers can tell me this or

have other memories of this charming piece of Shirehampton history.

Gill Osman

NOTICE of AG

- SHIREHAMPTON COMMUNITY **ACTION FORUM (SCAF)**

SCAF will be holding its AGM on Wednesday 2nd October at 7pm at the Shire Public Hall (Station Road, BS11 9TU)

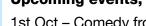
Everyone welcome!

St Andrews Ladies Club

As from the 1st October, St Andrews Ladies Club meetings will be held at Avonmouth Community Centre, on Avonmouth Road. Meetings are on the

Upcoming events;

1st Oct - Comedy from Intent - Ian Haggo 15th Oct - Bombweed - family story and memories from WWII - Maureen Armstrong 5th Nov - Names and Places - Richard



1st and 3rd Thursdays of the month at 7.15pm for a 7.30pm start. Coates



Hello there! Would you like to improve your wellbeing?

I am a local Shire resident and a Personal Trainer who can help you to achieve your goals without the need to attend a gym. Whatever your age or ability I can help:

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- Improve muscle tone and bone density
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For free initial consultation in your own home - or mine. Telephone: 07875 054 292.



- 6.30pm-8pm Mon, 5.15pm Weds and 7pm-8pm Thurs Cotswold Community Centre.
- Boot Camps: All levels Early morning Mon & Weds 6.15am and Sat 10am. Message for details.





Reiki is used to aid relaxation, assist in the body's natural healing processes, and develop emotional, mental, and spiritual well-being. It is also said to induce deep relaxation, help people cope with difficulties, relieve emotional stress, and improve overall health.



VACANCY VACANCY VACANCY

Bristol City Council Road Safety Team are looking for someone to take on the role of School **Crossing Patrol at Bank** Leaze Primary Academy.

This is a school term time only role. It is a paid position and you are paid for ten hours per week. The hourly rate is £9.05, full training and uniform will be provided.



You will need to be a good communicator with an ability and understanding of working with the general public.

If you are interested or would like more information please contact Frances Dansie on 07500120320 or by email frances.dansie@bristol.gov.uk

We look forward to hearing from you.



Activities at Lawrence Weston Community Farm





Here's what's on at the farm this Autumn:

Farm Tots Wednesdays 10:30-11:30am £2.50

Help feed the animals. For under 5s and their carers. Drop in most Wednesdays. Please check Facebook for any changes.

Walking Group Wednesdays 2-3:30pm FREE

Improve your health and meet new people by joining our free, friendly, weekly walking group. If coming for the first time, please arrive at 1:45 to sign up.

Gardening Group Fridays 11 -12:30pm FREE

Interested in getting involved in gardening on the farm? Come along Fridays to help with our gardens.

Call Ian 0117 9381128 for more details.

Herbs for HealthFirst Friday of the Month 1112:30 FREE

Help sow and grow a range of herbs and learn about their uses. Have a go at using them for cooking and wellbeing. Meet new people and spend time outside. These sessions are for people living locally to the farm. Free. No experience necessary.

Contact Kerry@lwfarm.org.uk or 0117 9381128

Spinning Wool Sun 24th Nov 10am-1pm £30

Come and learn all about how to turn fleece into yarn. Please check our website for details.

Garland and Cards Tues 3rd Dec 10am-2pm £40

Lino Print your own Christmas Cards and make a Christmas Garland. Bring a lunch, hot drinks and seasonal snacks provided.

To book https://garland-and-card.eventbrite.co.uk

The Co-op Community Fund

We are currently one of the charities being supported by The Co-op Community Fund. We are raising money for our very popular Woodland Wellbeing sessions. Every time Co-op members shop at the Co-op, 1% of what they spend on Co-op branded products and services helps fund community projects. Members can choose which causes to support by signing into their membership account or by calling the membership helpline on 0800 023 4708.

You can choose Lawrence Weston Community Farm until November 2019. If you would like to learn more about this project please follow enter this link in the internet

https://membership.coop.co.uk/causes/28712

Shire's Living Room@ Shire Library

Come and meet your neighbours. Relax over a hot drink and biscuit, have a chat, play cards & games.

Tuesdays: 2-5pm Thursdays: 6-9pm

Shirehampton Library, Station Road, BS11 9TU

Shire's Living Room Shire Library

Come and meet your neighbours. Relax over a hot drink and biscuit, have a chat, play cards & games.

Tuesdays: 2-5pm

Thursdays: 6-9pm Shirehampton Library, Station Road, BS11 9TU



Organised by Friends of Shire Library

Everyone welcome | Children must be accompanied by an adult | Library services will not available - visit the library during opening hours | Tailets not accessible | Questions or valunteering: friendsofshireegmail.com

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Shire Christmas Illuminations Update

Christmas is coming and we are in full swing, trying to raise the money required to light up even more of Shire High Street. This is not an easy task, nor is it cheap, however we love it and know you do too. Please, please, please support our upcoming events.

6th Oct - Car Boot Sale on the green, green grass of the PBA. Your chance to have a pre Christmas clear-out or pick up a few Christmas bargains!. Cars just £5, buyers just 50p. We had a great response in the spring and hope to continue its growth going forwards.

18th Oct - Golf Day. A joint venture with Shirehampton Park Golf Club. Your chance to give it a go with friends. Prizes to be won, food and drink at the halfway house, evening entertainment. £15 non members, £10 members.

9th Nov - The Emperials at the PBA. A night not to be missed if Ska/Reggae is your thing. Tickets £10, on sale from the PBA now.

11th Nov - Sponsor a poppy. Personalised commemorative poppies are available at just £20. We shall donate £500 to the Royal British Legion and the remainder to the Christmas Light fund. Expect to see them on the lamp posts from 26th Oct.

1st Dec - Shire Santa Dash and Elf Sprint. In its third year and ever growing!. Prices have been held yet again at £10 adults, £7 teens, £5 children and £5 under 5s. Price includes Santa suit and medal. Online entry is open www.entrycentral. com/shire-santa-dash

Contact us: **shirechristmasilluminations@ outlook.com**. We are also on **facebook, Instagram and Twitter!**



KING WILLIAM IV
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Christmas Bookings Now Being Taken

Restaurant Opening Times: Tuesday to Saturday Noon - 3pm & 6pm - 9pm

Sunday Lunch 1pm - 4pm Closed Sunday Evening & All Day Monday

Home Cooked Food

Vegetarian & Vegan Options Available

Sports Bar

Open All Week from Midday - 11.30pm Sunday 11pm Close

Advanced Booking Recommended for Restaurant 0117 229 9914

Bank Holiday Fun in the Cotswold Community

The sun shone for a fun afternoon on the August bank holiday, based at the Cotswold Community Centre. About 50 people with an age range from 0-95 joined the Cotswold Christian Community as they provided a range of craft activities, games, a treasure hunt and of course food!

Zhiyan was an expert face painter. Children enjoyed skittles outside at the centre and the treasure hunt led people to Fulligrove House where they were able to search the garden for clues and enjoy some of the fruit there (raspberries, plums and apples). The favourite activity there was playing together with a parachute. The barbeque back at the centre was much enjoyed, as were all the cakes and other food. Many thanks to all involved for a great community afternoon.

All would be welcome at the monthly meeting of the Cotswold Christian Community (2nd Sunday of the month, 4.45pm) for tea, cakes and a "Thought for the day".















Cotswold Community Association Dursley Road, Shirehampton, Bristol, BS11 9XH

REGULAR EVENTS

MONDAY

Pilates 9.30-10.30am
Personal Fitness 6:30-7:30pm
TUESDAY

Film Night (1st & 3rd of each month) 7.30pm WEDNESDAY

Keep Fit 10.30-11.30am
Personal Fitness 5:15-6:15pm
Pilates 6.30-7.30pm
THURSDAY

Bingo 2.30pm
Personal Fitness 7-8pm
Table Tennis 8pm
FRIDAY

Keep Fit 10.30-11.30am **SATURDAY**

Coffee Morning (2nd of each month) 10am
Quiz (6 weekly) 7.30pm
Bingo (4 weekly, before Breakfast Club)
7.30pm
SUNDAY

Breakfast (1st of each month) 9.30-11am
Baptist/Methodist Service
(2nd of each month) 4.40pm



Shirehampton Primary School Summer News

Shirehampton has enjoyed another great summer with some of our families enjoying days out with us to Barry Island, Bristol Zoo and the Wild Place!!

The day trip to Barry was another success enjoyed by all the families that attended, the children enjoyed spending time at the funfair on the rides (as did some of the braver adults).... whilst others enjoyed a walk along the beach and as the weather was so good a dip in the sea....

Some had fish and chips on the beach with one child finding it hilarious that their chicken nuggets got stolen by a particularly cheeky sea gull who actually came back for seconds!!

After a fun day at the beach, rides and eating icecreams we headed back home on the coach with lots falling asleep after a unpacked busy day.

Some families enjoyed trips to Bristol Zoo seeing all the animals and getting their faces painted turning themselves into various animals and enjoying a picnic in the park area. A particular highlight for the families this year has been the arrival of the new bear woods at the Wild Place a chance for everyone to see the bears settle into their new home.

We look forward to organising more trips during the half terms and of course the annual highlight of visiting Santa at Christmas.

Colourful Community Celebrations

At Shirehampton Primary School we are privileged to have an amazingly diverse community. This means we get first-hand opportunities to learn about different cultures, beliefs and traditions which our children love!

The highlights this year have been our whole school celebrations of Chinese New Year and the Hindu festival of Holi. As you can see the celebrations were incredibly colourful and great fun was had by all involved; when it came to the Chinese dragon competition, it wasn't clear who was more competitive – the children or staff! As all good teachers do the staff led by example when it came to the paint throwing for the Holi festival!

Our Summer fair was a great success thanks to the hard work of Jess Wagland and the PTA team. One highlight was the food freshly prepared and cooked by our own Turkish parents. It was absolutely delicious and went down a treat; thank you to our wonderful Turkish community for taking the time to do this for our school community.







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Adam Lenik



Jess Duncan



St Mary's News

Hi Folks!

Here we are into October already and can you believe it - the clocks go back at the end of the month and we shall be back into the dark evenings once more. This year seems to have gone so quickly which makes me another year older, but I'm glad to be still here, having lost a number of good friends over the past months.

Going back to August, we had our Annual Car Treasure Hunt. We started from the Health Centre Car Park at 4.00pm in glorious weather on a route which took us out of Bristol on the new Link Road at Long Ashton, and eventually to Whitchurch, Queen Charlton, Coombe Down near Bath, Compton Dando and we ended up at Midford. The pub where we enjoyed our evening meal was right alongside the old Somerset & Dorset Railway viaduct, and the Pub Car Park was part of the old Midford Railway Station yard, adjacent to the Platform which still exists. Being a railway enthusiast, I stood there just thinking that some 50 plus years ago, the Pines Express would have gone roaring through to Bath Green Park and then onto the north of England. Happy Memories! Here I am letting my thoughts wander, when I just wanted to say that we all enjoyed an excellent menu with a wide choice of food. Thank you Tim for all your hard work organising this event - you always seem to find a magnificent venue!

Another past event, which was a great success, was our Cafe Church service on Sunday morning, 8th September. We were blessed with fine weather and we had a large number present, including many children. We also saw a number of new faces, which was a great delight. Our focus was Ability Sunday and we took time to reflect on how our church could be more welcoming to disabled people, their families and carers. We looked at how not to focus on impairments or weaknesses, but on the abilities, talents and gifts of all people, disabled and non-

disabled. Each person is unique, special and to be loved because God has made us to be unique and special and He loves us.

Golden Oldies have their monthly sing-song again in St Mary's at 10.30 am on Wednesday, 2nd October. Come in and join them and recapture your youth! There is a £2 donation.

On Friday 4th October, from 7.00 pm until 9.00 pm at St Mary's Church, 2 volunteers from the Forgotten Landscape project, Liz Napier and John Hastings, will present a talk on Shirehampton and Avonmouth in Tudor times and an Oral History, comprising of interviews with people who've lived and worked their whole lives in the area. We will provide a Ploughman's Supper, with gluten free options available. Please bring your own drink. Tickets are available from the church office for £7.50. Please note the church office is shut on Fridays.

Just to remind folks that the Area Choir commenced rehearsals for the Christmas Concert back on Tuesday, 17th September and new members are welcome subject to our Safer Recruitment Policy. Please speak to Tim Forder, our Music Director, for further information.

Harvest Festival this year will be celebrated at 10.00 am Sunday, 6th October 2019 which is also a Sung Eucharist. Harvest gifts of non-perishable food would be most welcome, which can be brought to church at that service. All donated food items will go to our local Food Bank.

Messy Church this month is on TUESDAY 15th October, in church from 3.30 pm as usual and is suitable for older children and younger ones accompanied by their parents. Please come if you have never been before, because you will be made most welcome.

On Wednesday 16th October, Avonside Mission Area will be holding a Celebration Evening in St Mary's. Time 7.30 pm to 9.00pm with refreshments at 7.00pm. All are welcome!



Did you know a husband & wife were in church, when the preacher notices that the husband has fallen asleep and says to the wife - "Wake your husband up". The wife replies, "You're the one who sent him to sleep - you wake him up". (NB. No, it definitely wasn't our Rev Helen - things like that don't occur at St Mary's!!!!)

Bye for now! C.M.E.





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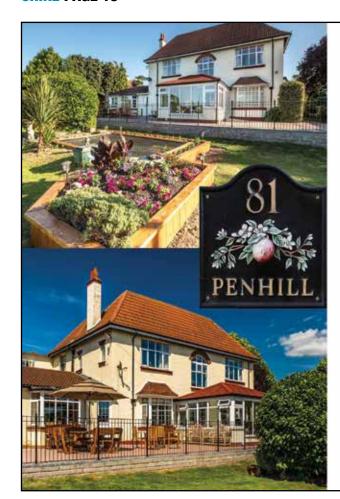
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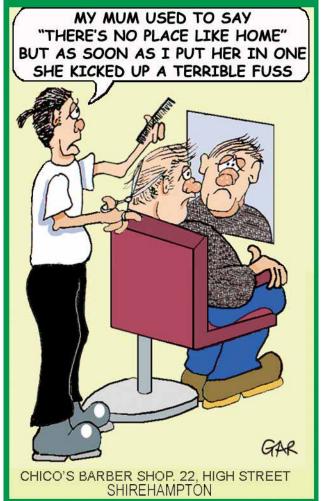
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TYNINGS FIELD NEWS

Our bird rehoming system saw the donation of several pretty cockerels to our field the result of a school hatching egg project. They have a free-range life in the field wandering around between plots and roosting in trees. Their behaviour is much wilder than laying hens who seek more protection. These are the bad boys of the field Ronnie, Reggie and King Aggie are some of the nicknames. They are quite friendly to people.

On a farm they would have been slaughtered and we are all for local meat, but we are pressed for time in preparation at the moment. These are chickens in their wild state. People often do not see the chickens as ornamental birds, but this is where people miss out.

In the meantime, they have the run of the place and a great life where they forage for their own food as do pheasants. They are happy on land where they get fed. However, we cannot take more cockerels at present only females.

School hatching eggs are available at Tynings Field in a variety of colours - blue to dark brown - £20 for half dozen. I would say if incubated promptly you will get success. Please message through our Facebook page with your full name, address and tel. no. Local delivery is possible straight from hen to incubate.





Chicken Food Donations

During this time of year we welcome donations of food for our birds.

No cake or hard vegetable. Please ensure all bread is not green or mouldy. Stale is OK.

You can leave it on the gate in a bag. Any donations of bird seed or spaghetti pasta (no sauce) is also welcome.

Honey for Sale from Local Bees

There will be honey for sale from the field beekeepers shortly.

It is locally produced and from our area which is vitally important as imported or other honeys that are for sale do not immunise you against hay fevers of local grasses.

You are also helping to support the local community of beekeepers here at the field.

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NATURE NOTES

I took this picture of a pair of wasps tucking into a pear. The tree is next to our allotment, in a friend's garden. Jeff had told me about the wasps a few days before, and luckily, they were still there the day I arrived. My luck held for once, as usually, any approach I make towards any interesting looking activity, results in the subject literally 'buzzing' off!!

These pears were obviously too good to ignore!



The flock of sparrows that have adopted our garden are making regular visits every day now, for wild bird seed and fat-balls.

How are the goldfinches? I hear you ask! Well, rain, gales, heatwaves, they are never put off! You can set your clock by them. I'll be sending them out to work soon, to pay their way. For such tiny birds they can really pack away the niger seed!! And I'm more than happy to oblige.

Local hedgehogs are doing quite well from what I hear from friends and neighbours, which is good news, and all the foxes, touching wood, look very healthy too.

A few of the rooms in our insect hotel have now been vacated. So thrilled at the success we had with that. I'm determined to get a good shot from it next year, or maybe this. We'll wait, keep watching, and who knows, maybe I'll get lucky again!

Happy nature watching all.

Bobbie Perkins



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EXCITING DEVELOPMENTS AT 'THE TIP'

Exciting work to improve Avonmouth Household Waste & Recycling Centre (otherwise known as 'the tip') will begin on Monday 2 September 2019.

The redeveloped site will have better access for residents, improved traffic flow to reduce waiting times, extra capacity to meet growing demand, improved safety and more material streams for recycling.

In addition to this, the new site will also be home to Bristol's first ever reuse shop at a recycling centre. The shop will divert good quality, pre-loved items from the waste stream; providing low cost household products, such as televisions, furniture and vacuums, for residents.

By redirecting reusable items from disposal, it will reduce costs, save valuable resources and help us reach our ambitious recycling target of 50% by 2020. Profits from the sale of reusable items will be reinvested in waste reduction schemes, as well as supporting local charities. A reuse workshop will also be built into the site to support this vital work.

To enable Bristol Waste to make the changes, the opening hours for the site will be changing from Monday 2 September 2019 until the end of the year. The site will remain open to the public on Friday's, Saturdays and Sundays during the redevelopment. Extended opening hours will be in place until Monday 25 October 2019 and additional staff and capacity will be in place at the city's other Household Waste and Recycling Centre in St Philips.

Tony Lawless, Managing Director, Bristol Waste Company said:

"We are also delighted to announce that the improvements to the existing site will give residents reduced waiting times, better access, more materials accepted and a safer environment."

Revised opening times for public:

From Monday 2 September until Friday 25 October 2019:

Monday to Thursday

Closed

Friday to Sunday

From Saturday 26 October until late December 2019:

Open from 7am - 6.45pm

Monday to Thursday **Closed**

Friday to Sunday

8am until 4.15pm

Trade customers will be able to access the site Monday to Thursday during the redevelopment at the usual opening times.

Shirehampton Baptist News

Much will have happened when you read this.

September 14th saw the Induction of our minister Paul Rhodes, and on Bank Holiday Monday the Cotswold Christian Community Fun day went very well with many people enjoying the games, treasure hunt, craft work and lots of food.

Mainly Music has started, and we are celebrating our tenth anniversary. Most of the helpers have been with us since the start September 2009

On October 4th we look forward to a Baptismal Service. We baptise by full immersion when three



of our congregation will witness to their faith in Christ. With babies we would have a Dedication service when the baby is blessed, and parents and church promise to help the child's spiritual growth

The Cotswold Christian Community welcome all to their Sunday informal tea-time on the second Sunday of the Month at 4.45pm at the Cotswold Community Centre. We offer you friendship and prayer for you or a loved one if you want us to.

We are a group of people who worship in the churches of Shirehampton who live mostly on the Cotswold Estate

Lastly as always, a warm welcome to our Sunday morning service Station Road 10.30 am.



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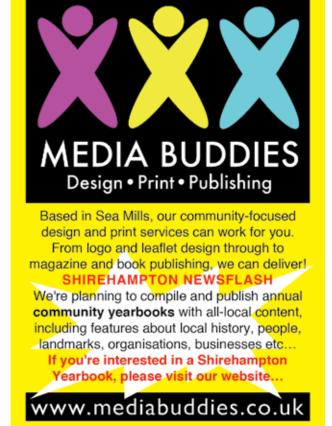
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HELLO FROM SHIRE METHODIST

https://shiremethodist.org/
https://www.facebook.com/shiremethodist/
During our Morning Worship every Sunday at

The Methodist New Year starts in September and here in Shirehampton we began it with a very busy coffee and bacon butty morning. This was held alongside some very popular talks about the climate emergency, hosted by the Shirehampton Climate Emergency Group. It was lovely to welcome so many people into our church, many who had never seen the inside of our building. There was a wonderful community atmosphere, with people of all ages enjoying the morning.

Our local MP Darren Jones came along to our September coffee morning and he will be with us again twice in October. We hope to have vegan options on offer again as well as our usual fare. The first event will be Café Politics on Saturday 5th October, where you are welcome to come along and talk in an informal setting about local and national issues that matter to you over a cuppa and a butty or slice of cake. Darren is also planning to do a Brexit Briefing event on the morning of Saturday 26th October at Shirehampton Methodist Church.

During our Morning Worship every Sunday at 11am we think about local and global events. Last month we took some time to consider how fortunate we are living in Shirehampton with the freedom to practice our Christian faith living happily and usually without fear alongside people of other faiths and no faith. We contrasted that with the hundreds of millions of Christians around the world living in places where they experience high levels of persecution. It's a sobering thought.

People have worshipped in our church building for many years, and over time our building has changed. Do you remember how it used to be? Some people remember there was a palm tree outside. Was there ever a door opening out onto the High Street? All being well, we will start on a few more changes to our building in the near future to accommodate the new Jobs, Training and Enterprise Hub.

We continue to hire out our building to many local groups including Weight Watchers, the Dragon Club, Shirehampton Planning Group and the Shire Newspaper. If you are interested in hiring our premises please contact Bridget Williams (0117 982 0586).

May God's peace be with you all during October.

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The Arts in Shirehampton

Tandem Arts October Update Shire

Did you know some solitary bees are more than a hundred times more effective pollinators compared with the better known honey bee? Tandem Arts is running a workshop to make bug and bee nests during half term - October may seem a little late in the year to be doing this but then, this is the second year where my strawberries are flowering a second time in the summer and if this isn't a sign of a warming climate I don't know what is.

Bee & Bug Nest making session - Wednesday Oct 30th, 10am -1pm, free and open to all at the Shirehampton Public Hall. Children to be accompanied by an adult.

The Portway Room, which is the base for Tandem Arts, will have its doors open during the duration of the Craft Exhibition and a range of art and craft work - old and new - will be on display. The Portway Room is primarily an art studio, but regular classes and workshops are held at the studio. You can find out more on www. facebook.com/theportwayroom/ about what we have been up to since January this year.

Thank you for contributing your lavender flowers towards a local fund raising project. Lavender merchandise should be ready by the time the Christmas markets come round . Talking of flowers: look out for the pressed flower curtain on show at the hall during the Craft Exhibition lets make it grow even bigger next year!

Fashion Show in Shire



This month fashion came to Shirehampton with a fashion show being held in the Brain Tumour public hall as a charity fundraising event.

Organiser Daphne Llewellyn commented 'I would like to say a huge Thank You to everyone who came along to the fashion show and helped to raise a whopping £802 for Brain Tumour Research. M&co did a grand job and the models were brilliant (not blowing my own trumpet!)

Thanks must also go to the businesses that donated raffle prizes, namely, Co op, Aldi, Ocean and Country Baskets. And thanks to Beryl for selling so many tickets!

Maybe we'll do it again in the Spring!'







Craft Exhibition Reminder

Starts Tuesday 29th October through till Saturday 2nd November Daily from 10.00am - 4.pm (late night Thursday till 8.00pm)

It's still not too late to put in an entry. We accept entries right up until Wednesday 23rd October. Entry forms in last month's Shire or contact

Ed & Gail Amphlett 0117 9821879 - gail.amphlett@hotmail.com Checkout our facebook page and find us the Shire web page

The Crafty Rabbits of



Shire Craft Exhibition are pleased to announce their annual animal hunt for children aged 3-11 years of age. Starting Monday 28th through till Saturday 2nd November.

This year our dedicated team of crafters have put together a colony of 14 rabbits hidden in various shops around the village for children to find. All you have to do is, pick up a leaflet from one of the shops listed below, fill in the name of the rabbit against the shop's name, then visit the other shops filling names as you go.

Once you have found all the rabbit names, visit the craft exhibition at the Public Hall and collect a small prize. Be sure to look around at the exhibition where there will lots to see and buy. If you come on Tuesday, Wednesday and Thursday there will also be some free children's activities happening around the Hall

The competition is open to children 3 - 11 years old. Please ensure all children are accompanied by a responsible adult.

Shops taking Part: Big thank you to all of them...

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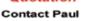


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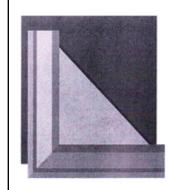
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CLIC Sargent Say Farewell To Sarah

There was a farewell party for shop manager Sarah Forse on the 29th August. Staff, friends and customers descended on the CLIC Sargent shop in Shirehampton's High Street to make sure Sarah had a good send off with cake, nibbles, non alcoholic wine, tea and coffee. Sarah is moving to the Fishponds shop as manager and one thing she won't have to contend with any longer is the traffic jams.

"The last seven years have been a massive adventure for me. I started not knowing a soul. I'd never heard of Shirehampton at that time. Now I feel I am leaving family behind. The customers and volunteers are all amazing and as for my deputy Sue I will never find another like her. I would like to say a huge thank you to everyone and to ask you all to continue with your support for young lives vs cancer". Said Sarah.

Sue had something to say about Sarah leaving. "We've trained Sarah pretty well and now she is ready to venture out into the big wide world! Good luck Sarah on your new adventures."

"Sarah will be greatly missed, we've shared a few laughs along the way" said Hazell.



Pat added "Who is Sue going to torment now? The dynamic duo are splitting up!"

"I cannot believe Sarah has left us. After all the training us volunteers have given her. She will be missed loads by all of us". Said Julie.

However Sarah has promised the occasional visit back to Shirehampton in the future.

Kathryn Courtney.





BOOK GROUP

Bradley Crescent Book Group welcome new members. We meet on the third Thursday of every month at the Ali Mahal Indian Restaurant in Shirehampton at 7pm.

If you are interested, please come along and meet us there!

SPORT IN SHIREHAMPTON 冬. 本. ※ 川

City and Port of Bristol Bowling Club

The Club Competition finals week-end is always a highlight of the clubs season and this years, played in the sunshine on September 7th and 8th was no exception.

Saturday saw three finals played - the Ladies Pairs, for the first time since 2016, the Bill Deakin Novice Trophy, named after a previous Club President and The Men's Two Woods.

The Ladies Pairs was played between Peggy Roache - a long standing club member with many trophy wins in the past, Julie Looker, last year's Lady Champion on one side and Mary Lomas in her first full season with the club but bringing many years of bowling experience and Dee Crawley a trophy winner in seasons past.



A very competitive game of 21 ends saw the scores quite even in the opening ends but going very much the way of Dee and Mary in the latter stages, and it was they who came out as winners by a comfortable margin when the final end had been bowled.

The Bill Deakin Novice Trophy final was contested by David Garrod and Shirley Callaghan, first to 21 shots to win. Shirley started well but it was David who quickly improved to come from behind and eventually surge ahead to win the trophy having been runner up two years ago.

The men's Two Wood final between last year's multi-winner Ken Davies and Charlie Maby was played over 21 ends and saw Ken come out on top to retain the trophy.

There was a fuller programme on Sunday with a total of five finals being played across the day.

The morning session saw Mixed Pairs, Sid Holmes Handicap and the Ladies Two Woods played.

Mixed Pairs is a game of 21 ends and was contested between Mary Lomas and Mervyn May on one side and Dawn Evans and John Conroy on the other. It was a well contested game and saw some very good bowling. The result was a win for Dawn and John.

Julie Looker and David Garrod contested the Sid Holmes Handicap. Julie needed to score 25 shots and David 21. Julie started well but David put in a good performance to push her all the way in what was a long game. Julie eventually reached the required 25 shots to take the trophy in what was a well contested game.

Dee Crawley and Shirley Callaghan played the Ladies Two Woods over 21 ends and it was Dee who came out on top to take the trophy.



The main events of the afternoon were the Gents and Ladies Four Wood singles with the winners going into next seasons Champion of Champions competitions.

Both games were 21 shots to win and the eventual winners were the same as last season. Ken Davies winning the men's competition and Julie Looker the Ladies. Ken beating Charlie Maby and Julie finishing in front of Mary Lomas.

Dates for the diary. Thursday October 24th, the club AGM and Friday 15th November, the Presentation Evening. Both at the City and Port of Bristol Club.

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bindweed? If it tasted like broccoli, or asparagus, or apples. It would make If you've never tried growing your own it is this year's veg growing efforts look a lot more productive!

It's been a very mediocre season for us, again. The toddler isn't unsupervised allotment yet, so we haven't done as well as we would have liked. But if we all waited until we felt able to do things perfectly, we would never do them at all.

So we have managed a few potatoes, beetroots, peas and tomatoes. The three year old grew some amazing three legged carrots in a pot

slugs. Mostly it has been a case of seeing how up – fingers crossed for next year!

Wouldn't it be great if you could eat we go, which has helped it be not quite so disappointing when things didn't work out.

> a very quick way to appreciate how amazing our farmers are, how reliant we are on the soil and the weather and the people that make sure

> > we have enough food to eat all year round. If we found ourselves under pressure to be food self sufficient we would need a lot of help and probably be rather hungry. Perhaps it's a case of dig for victory, but maybe this time facing a different threat.

> > The food has been delicious, and so rewarding to harvest. We are a long way from the abundance of beautiful vegetables that many people produce at the allotments

by the back door, our cabbages have helped by Myrtle Hall. Some of those plots are the local butterfly population along, and truly spectacular, and I would imagine their every single squash seed failed to survive the dinners are too. But we learn, and don't give

Talking Tables Cooking Sessions

Are you aged 50+ and want to feel more confident about cooking nutritious and tasty food? Want to meet and eat with people in a fun and friendly environment?

session at Lawrence Weston farm from 1st October-19th November 2019 between 10am - 1pm.

Its free to attend and sessions are suitable for those with access and dietary requirements.

All are welcome.

LinkAge Network is running a Talking Tables A previous participant commented "I thoroughly enjoyed coming here on a Tuesday. I would wake up thinking, oh good it's a Talking Tables day today."

> To book your place please contact Caroline McDonnell at LinkAge Network on: 0117 353 3042

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