

Shire

Your local community newspaper with news and views from the Shirehampton area

No. 584 - September 2020 www.shire.org.uk 5,000 copies monthly

Have you got a job that needs doing? Go to LOCAL EXPERT SECTION from page 16 to find a local expert who can help

PUBLIC HALL AGM
Shirehampton Public Hall will hold its Annual General Meeting
8th October 2020 • 7pm
Shirehampton Public Hall
Everybody is welcome!

All Change at Kings Weston House For Impermanence Last Show

On the 1st August, Impermanence put on a variety show outside Kings Weston House - called 'We'll Meet Again' -- it was an afternoon of coming together, top-notch performances and a glass of Prosecco or two! It was the final show in their 5 years of living at the house, during which they have run daytime cabarets for over 55s, as well as evening performances and parties, including Da-Da-Darling as part of the city-wide festival, Mayfest in 2016. A new chapter is beginning for Kings Weston House, with the new owner, John Barbey (right), moving in on the 1st September. John is still working out the details, but hopes to continue weddings and events throughout the year.



It means that the current owner of Kings Weston House, Norman Routledge (left) and friends will be moving on to their next adventure. Norman has taken on St Michael's on the Mount Without, a church on St Michael's Hill, devastated by fire four years ago. Norman has repaired the roof, and is transforming it into a creative space for dance, theatre, music, weddings and events. Impermanence are thrilled to be curating a live performance programme for the space, working alongside Michele Jetzer who will be organising an array of weddings, private hires and events. If you would like to contact any of the above about new venue 'The Mount Without' please see details below:

Roseanna Anderson

More pictures on page 10.

Norman Routledge:
norman@kingswestonhouse.co.uk

Michele Jetzer:
info@saintmichaelonthemountwithout.com

Impermanence:
info@impermanence.co.uk

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Shire

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N.B. To meet the deadline with our typesetters, all written copy should be submitted by email or to the Library by the 10th of the month before it appears in print, or it may not be included in the next edition.

While advertisements in this paper are accepted in good faith, readers are advised to make their own enquiries and assessment. We request that all adverts are supplied in the correct format and size or there may be a charge should you require artwork to be created. Price on application.

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Any material published is at the editor's discretion and may also be included on our website www.shire.org.uk unless the copy is clearly marked 'not to be included on the world wide web'.

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SHIRE PUBLIC INFO FOR SEPTEMBER

ADVICE FROM BRISTOL CITY COUNCIL

Your City, Our Future - Help shape Bristol's recovery post-corona virus

The Council wants to hear your views about lockdown, what you found challenging and anything you think we could learn that would help improve our city. We're asking citizens to share their views in the **Your City, Our Future** survey so we can plan the best future for Bristol after lockdown.

To take part in the survey online, visit our website: www.bristol.citizenspace.com/bristol-city-council/your-city-our-future/. If you would like a paper copy or an alternative format, please email consultation@bristol.gov.uk or call 0117 922 2848.

It is now mandatory to wear a face covering in indoor settings, including places of worship, cinemas and museums. A full list of the places can be found on the www.gov.uk. So make sure you take a look before heading out in Bristol this weekend or travelling to other parts of the country for a holiday. **Please be mindful that some people are not able to wear face coverings, and that the reasons for this may not be visible to others.**

For us to limit further spread of the virus in the city we must continue to:

- keep distance from others
- wash hands regularly
- limit visitors to your home
- stay at home and get tested if you feel unwell.

A-LEVELS - where to go for help

If your grades aren't quite what you expected, I would urge you to speak to your teachers who will give you the guidance and advice you need. Please don't be disheartened, these have been challenging times, and there are still many options available to you. A huge well done to you all for your commitment and hard work, and as many of you consider your next steps, I wish you all the best of luck for the future.

If you've received exams results that weren't as good as you were expecting, you can contact the **National Careers Service Exam Results Helpline** for free advice. Their helpline is open 8am to 10pm, 7 days a week: **0800 100 900**.

Find out more about Post-16 pathways and options available on the **Post 16 Participation** website: www.p16p.co.uk/. You can also contact the Bristol City Council's Post-16 Participation team on post16participation@bristol.gov.uk or **01173525750**.

Marvin Rees, Mayor of Bristol

NEW CYCLE LANES

Prioritising safe routes for cyclists and pedestrians during this pandemic is crucial to support social distancing in public places. New protected bike lanes have been put in place in and around the city centre, with ongoing discussion in communities around further measures to be introduced across Bristol.

LIBRARIES

Henbury Library will be open from **11am to 4pm on Mondays, Wednesdays, Fridays and Saturdays** for returns, limited browsing and borrowing, pre-booked computers.

Central Library will reopen to the public on **Monday 7 September Monday to Saturday, 11am to 4pm** to browse in a limited area, borrow and return books, and use pre-booked computers.

For information related to **returned items and library procedures, changes when you are inside our libraries, protecting our staff and customers** and our **call & collect service** please see our website or the email you'll receive if you are a Library member.

PARKS:

- We **can** now work with volunteers over the age of 70 and in the clinically vulnerable category.
- People in these groups must be able to work in a distinct area from others to ensure social distancing is maintained at all times.
- People in these groups must **not** be responsible for handing out, collecting in or cleaning equipment for the group.
- We are still **not able** to allow people to volunteer in parks if they are in the clinically extremely vulnerable category.
- Social distancing of 2m is still in place for everyone and **all other measures remain the same** (max 6 people, avoid sharing tools, do not provide refreshments).

We are still very much sending all volunteers the message that volunteering in parks in a group is absolutely not expected during this time. We know that personal circumstances are unique and we support groups whatever they choose to do. **Please get in touch if you are planning to relaunch activities and have worries or concerns.**

Ella Hogg, Volunteer Co-ordinator, Bristol Parks

SHOP LOCAL

Support the local community and show independent stores some love. From favourite florists to much-loved bakers, Bristol's many independent shops are what make it so vibrant and unique. To check out shops near you, visit: www.visitbristol.co.uk/shopping

ARE YOU CARING, MOTIVATED AND ENTHUSIASTIC?



Join our Reablement team and make a real difference to people's lives.

We're looking for people to support the elderly, vulnerable and those who have had coronavirus, as they are discharged from hospital.

These people either live alone or don't have people at home who can help. Your valuable support over 42 days will help them to increase their confidence and become more independent, as they settle back into life at home. Go the Bristol City Council website to find out more about the role and apply today.

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The *Shire* Community Page

Update from Darren Jones, MP

As communities feel the effects of the coronavirus pandemic, it's important that, now more than ever, there is support for local jobs and people and that we continue to support our local high streets.

I recently hosted an emergency local jobs summit with other Bristol MPs, Mayor Marvin Rees, Deputy Mayor Craig Cheney, the Western Gateway and Business West, and trade union officials to discuss what support is available to you and what further support needs to be put in place for local redundancies.

Following the local jobs summit, I met with the regional manager of West of England Combined Authority (WECA) - who is responsible for delivering support to redundant workers - to stress the importance of having adequate support readily available to meet the needs of the increasing number of people facing redundancy. I will continue to call for support and do all that I can to help to make sure those support services are available for local redundant workers during these difficult times.

I know how invaluable the high street is to our community, so it is also vital that we continue to support our local shops and high street by shopping locally. I recently visited Ruby Jeans to hear from owner, Mark, about his experiences through Coronavirus and how they've been open to the community throughout. It was also great to see how local businesses and shoppers on the high street have adjusted to life under social distancing.

Throughout August, I met with local essential service providers across Bristol North West to thank them for their hard work and dedication during a very challenging time. I met with First's Operation Manager and bus drivers at the Portway Park and Ride to thank them for their service and learn about the safety measures being



put into place now that lockdown restrictions are being lifted, so that you can use the service safely and in confidence. As bus services are now being increased, it's important we help keep each other safe by wearing a face covering (unless exempt) on public transport. The Government also recently announced further funding for the Portway P&R railway platform which will not get started soon.

I've missed talking to so many of you outside the Co-op with my street stall and at local coffee mornings but I continue to hold online or telephone surgeries, Facebook Live Q&As and other online events if you'd like to discuss anything with me. If you have any questions, or need support or advice, please get in touch on darren.jones.mp@parliament.uk or call the office on 0117 959 6545.

For further details on online events, please visit my website; www.darren-jones.co.uk, or my Facebook page; www.fb.com/darrenjonesmp

Thanks,
Darren Jones MP

CONTACTING YOUR LOCAL COUNCILLOR
Shirehampton is in the Avonmouth and Lawrence Weston Ward

Your Councillors are:
Donald Alexander – Labour:
cldr.donald.alexander@bristol.gov.uk
Matthew Melias – Conservative:
cldr.matthew.melias@bristol.gov.uk
Jo Sergeant – Labour:
cldr.jo.sergeant@bristol.gov.uk
Conservative Members' Services Office:
0117 922 2746
Labour Members' Services Office:
0117 922 3827

CONTACTING YOUR MEMBER OF PARLIAMENT
Shirehampton is in the Bristol North West Constituency

Darren Jones
Phone: 01179596545
Email: darren.jones.mp@parliament.uk
Website: www.darren-jones.co.uk

AVON AND SOMERSET POLICE ALERT

'In the local area we are seeing increased reports of traders offering their services. In some cases, work is being undertaken where they aren't completing the work or charging excessive amounts for the work undertaken.

Please be mindful who you are opening your doors to, please look out for your neighbours, especially the elderly or vulnerable, and report any suspicious behaviour to 101.'

Thank you,

Andy Hyde 9316

Shirehampton & Avonmouth Beat

Liveable Neighbourhoods for Bristol

Liveable Neighbourhoods are residential neighbourhoods that contain traffic filters such as bollards or planters. The filters stop cars, vans and lorries from the bordering main roads and using the streets as rat runs.

Residents and local businesses still have full access and can get deliveries. Traffic reduces and brings all sorts of benefits: clean air, easier social distancing, safer streets, more trade and footfall to the local high street – even higher life expectancy.

The Liveable Neighbourhoods for Bristol Working Group has sent an open letter to the mayor and councillors, asking them to work with local people to create Liveable Neighbourhoods across Bristol by May 2024, starting now – and copied it to prospective candidates for next year's local elections.

Now they need to get local people together to discuss what they want for their own neighbourhoods, and to show their current and prospective councillors that there is strong support in their ward for Liveable Neighbourhoods.

They want to kickstart local conversations about Liveable Neighbourhoods across the city. There are Liveable Neighbourhood Facebook groups for every part of Bristol, and you can find Shirehampton's local group via our website. There is also a petition to sign, asking the council for Liveable Neighbourhoods.

If anyone in Shirehampton would like to be a local champion for Liveable Neighbourhoods (which involves engaging with local people in their Facebook group and liaising with their local councillor), or to join our campaign working group, please get in touch with: The Liveable Neighbourhoods for Bristol Working Group.

For more information please see our website: liveablebristol.org.uk

Follow us on twitter: twitter.com/LiveableBristol

Pauline Retiring From Beauty Salon

We understand that, after 31 years of running her hair and beauty business, Mrs. Pauline Bell is retiring from her premises on The Green in Shirehampton. Pauline is well respected in the village and we all wish her well in her retirement.

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Letters to the Editor

LETTER FROM THE EDITOR

We enjoy spreading community news especially in these strange times. We love to hear from all our readers of both the online and printed versions. Send in your stories to editor@shire.org.uk. Although, if requested, we will not print the name of a letter written to the Editor, we cannot accept an anonymous letter.

Many thanks.



SHIREHAMPTON CRICKET CLUB PHOTO

I have been given this photograph for the paper to see if anyone can recognise/identify people on it. All I know is the following:

Back Row 1st Left - a school Truant Officer (name not known); 2nd Left Mike Chivers, 4th Left Brian Champion and far right Ken Perry formerly of Twyford House. Front row 1st Left Eddie Henson, end of front row Mike Sperring. This was the youth team and the photo was taken at Shirehampton Cricket Club in c1953.

Thanks, Judy Helme



FRIENDS DOWN UNDER

Dear Editor,

I saw a letter in the July issue of Shire which I think was published previously, when the paper was not being printed, from Maureen and Brian Swain in Australia. I knew Maureen and Brian and would like to get in touch. Did they leave an email address? Can you please give them my email address which is tandbtill@talktalk.net

I hope to hear from you.

Thank you, Thelma Tillett

MEMORY LANE

Dear Editor,

I write to express my thanks to Mr Elkington for sharing the wonderful picture of the returning ship as taken by his parents from the Horseshoe bend.

I also saw her pass there aged just 12 and remember regretting not having a camera to record the event. I'm happy to say that his picture has confirmed my memories just as if I had had a camera. So thank you very much indeed.

Yours faithfully,

Neil Robson

THANK YOU PENHILL

Dear Editor,

In June 2018 when my then 94 year old mother, Betty Rowlands, needed a time of rehabilitation following a fall, I had to find a place that would give her the care and support that she needed. I remembered reading a tribute in the Shire that praised the care given at Penhill Residential Home so I made a call. From that first call to my Mum's final breath two years later, she received wonderful loving and professional care with plenty of good humour along the way. That care, along with the support that I and other family members have

received during Mum's time at Penhill, have helped us through some very tough times. Mum had a number of hospital admissions during the last two years and each time her main concern was, 'When can I go back to Penhill?'. I cannot thank enough Kath O'Dwyer, the manager, and her wonderful, wonderful team for all they have given to us and continue to give to the residents and their families, especially during these Covid times. So, so fortunate to have found Penhill.

Dorothy Jenner and family

AUSCA ANNUAL GENERAL MEETING

AVON UNIVERSITY SETTLEMENT COMMUNITY ASSOCIATION (AUSCA) Annual General Meeting

Due to the uncertainty of Covid-19 developments, the AGM for AUSCA which runs the Shire Advice Service, will be held on **Wednesday 9th September at 6.30pm by Zoom**

If anyone would like to join us, please let **Judy Helme** know on juliethelme@aol.com so she can send you sign up details



Hello there! **Would you like to improve your well-being?**

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Linda x x

Weekly classes - just come along - no need to book:

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- Bootcamps: Monday and Wednesday 6.15-7.00am. Please message for details.



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Bristol City Centre's First COVID-19 Testing Site Open

The centre is located at the University of Bristol's Victoria Rooms

The first walk-through testing site has opened in Bristol to help residents get a free test as quickly and as easily as possible if they develop symptoms of coronavirus.

Located in the car park at the University of Bristol's Victoria Rooms near the Triangle, the site has been set up to provide an easily accessible and central location for more people to get tested for the virus.

Anyone with symptoms, however mild, can get a free swab test that takes less than a minute. Tests should be booked or ordered as soon as symptoms begin at nhs.uk/coronavirus or by calling 119 and results arrive the next day.

Christina Gray, Director of Public Health at Bristol City Council, said: "This new walk-through testing site, our first in the city centre, will help encourage more people in Bristol to take the test if they are unwell. Its central location means that those who were unable to get to other sites can now access testing more easily to help limit the spread of the virus.

"New reports of COVID-19 in Bristol are monitored very carefully by Public Health teams in both Bristol City Council and Public Health England. "Our residents have shown great support

and effort in following the guidelines, however we need to remain vigilant. I urge anyone who has symptoms of the virus to book a test as soon as possible so we can continue to prevent the spread."

Councillor Asher Craig, Deputy Mayor of Bristol with responsibility for Communities, Equalities and Public Health, added: "The people of Bristol should be proud of their efforts in helping limit the spread of the virus. "The new site at Victoria Rooms, which we hope will be one of many in Bristol, will make it so much easier for people living in the city to get a test done simply and quickly. Everyone needs to do their bit and getting a test if you have any symptoms is key to preventing further infections."

Testing is available to everyone, with additional support for vulnerable groups and people with disabilities.

It is advised that those being tested do not travel to the site by taxi or public transport and they should follow social distancing, practice good personal hygiene and wear a face covering, including for travelling to and from the testing site.

Anyone testing positive for the virus in England will be contacted by NHS Test and Trace to help them track their contacts. This will help people to



identify who they may have been in close contact with, protecting others from further transmission.

Close contacts of those testing positive will also hear from NHS Test and Trace, advising them to stay at home for 14 days to prevent them from unknowingly spreading the virus. They will be advised to also book a test if they develop symptoms.

The main symptoms of COVID-19 are a high temperature, a new, continuous cough and a loss or change sense of smell or taste.

Shirehampton Group Practice

Flu Clinics 2020

Things will be different this year! All flu appointments will be bookable only. We are running 2 Saturday clinics:

OVER-65s - Saturday 12th September 2020

UNDER-65 AT RISK - Saturday 10th October 2020

We are holding flu clinics at other times as well, including for 2 & 3 year olds.

Details are available on our website – please either book online or telephone **0117 916 2226** to arrange an appointment.

If you are 50-65 years old and don't usually have a flu vaccine, please wait for further guidance on this year's vaccination programme.

Please note: a facemask or covering should be worn for this appointment. Temperatures will be checked on arrival – please do not attend if you are experiencing any Covid symptoms.

Any questions should be addressed to Jon S Trott, Practice Manager, Shirehampton Group Practice

Email: jon.trott@nhs.net

Tel: 0117 916 2225

Changes to Prescriptions

Shirehampton Group Practice is going paperless. You will have seen notices up around the surgery and on our online outlets that we will be introducing a paperless prescription request service. This change will mean that we will no longer be able to accept paper requests for prescriptions and that the prescription request box outside the surgery will be removed.

This procedure started in early-August and we are encouraged that a lot of our patients have embraced it and have been requesting their on-line access accounts or emailing us. We appreciate,

however, that some of our patients haven't been aware of this change as they perhaps don't use the internet or don't attend surgery as they are currently shielding. We hope that by posting this information in The Shire, we can reach out to all of our patient community and together we can transition to a paperless system.

We will be extending our deadline to move to a paperless system to **Friday 11th September 2020. After this date, we will no longer accept prescription requests on paper.**

You will have three ways of requesting your prescriptions as follows:

By email: bnssg.shirehamptongrouppracticeprescriptions@nhs.net

On-line: Via your own Patient Access account. Please contact us to set your online account now. It is the easiest and safest way to request your prescriptions.

From your nominated Pharmacy: Please speak to your pharmacy and register for their repeat prescription service.

We would encourage all patients to get in touch with the surgery as soon as possible to register to get your online access or to understand how easy it is to send your requests via email. If online is not your thing, then please get in touch with your local pharmacy. Pharmacies in our area can help by managing your repeat prescription requests themselves.

These procedures are being put in place for your safety and for that of our staff. As always, our staff are here to help and support you during this transition.

Lucia Aloj,

Practice Pharmacist

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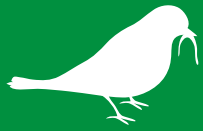
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THE GREEN PAGES



Shirehampton Climate Emergency Group

“The UK has the least energy-efficient housing anywhere in Western Europe, and our homes currently pump out almost a fifth of the UK’s total carbon emissions.”

Greenpeace

In early July, Chancellor Rishi Sunak announced a new £2 Billion Green Homes Grant

Owner-occupiers and landlords will be able to apply online for energy efficiency vouchers to cover works such as loft, wall or floor insulation, double-glazing for windows, energy-efficient doors and lighting and maybe new energy-efficient boilers. Grants will cover two-thirds of the cost of work up to £5,000 and it seems that low-income households may be eligible for grants up to £10,000 covering the full cost of work.

In September, homeowners will be able to apply online for recommended energy efficiency measures. Details will be forwarded to accredited local suppliers, who will undertake the work.

Rishi Sunak said he expects 650,000 households will be helped by this grant, which will typically save £200 a year on bills.

The payback time of an energy saving measure is how long it takes before the money you save on your gas or electricity bills covers the cost of the work. Payback times for energy-saving measures depend on how energy-efficient your home is to start with. For example, if you have no loft insulation at all then the payback time for loft insulation is reckoned to be between one and three years. With the government paying two-thirds of the cost, you should definitely get it done because it will save you money after just one year and make your home more comfortable to live in during the winter! If you have a hot water tank, getting it properly lagged could save you money within a year. Many tanks already have a built-in foam layer around the tank, but you can still save money by fitting an insulating jacket around the tank. If you can see the bare metal of the tank then you are using your hot water tank to heat your house even in the summer, when you don't want to make your house hotter, and keeping your hot water hot will cost you a lot more than it should. You could fix both of these problems by getting the tank lagged.

Even if you aren't planning any major works there are plenty of simple and cost free ways to reduce energy use. The Energy Saving Trust suggests these:

- If you can't install double-glazing, hang thick curtains and draft proof your doors
- Unplug chargers and standby when not in use – This could save up to £30 in a year
- Turn off and unplug tablets and laptops when you stop using them
- Use a water-saving showerhead – a household of four could save £70 a year
- Only boil as much water as you need at the time

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Asian Hornet Week

7-13th September

The tabloid papers have been whipping up a fury of anxiety with phrases like "Giant Murder Hornets" which make for good headlines, fortunately this is far from the truth and confusing different species of hornets. The truth is a bit more straightforward.



Canada and the USA have seen small numbers of an invasive non-native hornet, *Vespa mandarinia*, commonly known as the **Giant Japanese Hornet**, which like all other hornets and wasps are quite happy to leave you alone unless you get too close to their nest. **This hornet HAS NOT been seen in Europe or the UK.** We do however have *Vespa velutina* present in most of mainland Europe now, and this hornet does represent a significant risk that it might become established in the UK, to the considerable detriment of our own native insects. This hornet is known as the **Yellow Legged Asian Hornet**, and has been in France since 2004, where it has done considerable damage and cost millions of Euros. **We are very keen that it does not become established here in the UK.** There have been several cases in the past 3 years where it has been imported from Europe and set up nests, but so far we have destroyed them and been able to stop it establishing here. So far this year there have been no confirmed sightings.

We do need the general public to be aware of this hornet, and to report it should it be spotted. It is relatively easy to identify, but it is essential that you try and get a photograph of



any hornet you see. Ideally catch it in a jam jar or something similar and put it in the fridge for half an hour, whereupon it will not be able to fly off, and you can safely photograph it. The key things to look out for are:

- Largely black body
- Yellow bottom half of its legs
- One large orange stripe on its tail end
- Orange / Yellow head

In size it is only slightly bigger than a wasp, and a lot smaller than our native European hornet. This second photo shows all three insects together, the usual yellow wasp being the smallest, and the very red/brown and yellow European hornet the biggest. **If you really do see an Asian Hornet, you must report it with a photograph, ideally using the Asian Hornet Watch app available for mobile phones which also has useful identification helps, or by e-mail to alertnonnative@ceh.ac.uk** If you have seen something you are not sure of, you can contact the local Asian Hornet Action Team, who can help, via bristolahat@gmail.com

During Asian Hornet Watch week – the peak time of year for seeing them, keep a good look out around lavender plants or any others flowering where insects are feeding on the flowers. The more people that are aware of the hornet, the more likely we are to prevent it becoming established here.

Chris Morton

Bristol AHAT (Asian Hornet Action Team) Co-ordinator.

Tynings Field Says It With Wildflowers

Meadow orchard: letting the grass grow; how to do it, without encroaching grass or weeds, which are too many. This needs planning because it's not a case of just letting it grow. If left, it will bulk.

First decide on your wild flowers, your seeds or plants which should mimic or be as near as possible to your historic habitat; so research is needed on what type of agriculture existed on that land, also the area or coastal or woodland or farmland inland soil type etc.

These need planting at least 3 years before you allow the grass to grow and can be added to. Over the next few years, cut it down regularly as this encourages root and flower spread, not grass bulk. Never be afraid to mow.

On the third year or fourth you can let it go during summer. Cut in late August, September and October. Use a strimmer and scythe in stages to allow seed to drop. Cut down as much grass as possible. Don't leave it to rot on the ground; stack it.

The result of a correctly managed wildlife orchard will be beneficial to the pollination and health of fruit-bearing trees but grass around the tree roots must be kept down, if they are new. In order to mow our meadow, there are tasks ahead. Let's make hay while the sun shines and we can do rain!!



These are just a few examples of the wildflowers we had the pleasure of seeing, after three years' worth of planning. Many seeds were added here, before we decided to the 'not to mow policy.' You can see Vipers Bugloss, Corn Marigold, Corncockle, Daisy and Valerian.

Now we have a winter cut down.

Who will volunteer to help us at Tynings Field with strimmers and scythes during September when we have workdays planned? Last Sunday afternoon of August. Also, last two Sundays of September for a socially distanced work afternoon from 2pm. Contact Tel. 07885699701

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by Fiona Grinham

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and

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Churches in the Shirehampton Area

SHIRE METHODIST NEWS

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Hello from Shire Methodist,

Our church building has reopened! Since mid July, a small number of our church family and friends have met for some short times of socially distanced Morning Worship on a few Sunday mornings. We haven't met every week and so, if you are interested in joining us, it's best to give us a call to find out our plans. The majority of our church family have continued to worship from home supported by weekly newsletters, and weekly devotions put together by our minister Revd Patrick Stonehewer on his YouTube channel.

We haven't been singing in our church building, in accordance with government guidance, but we have still enjoyed worshipping God by listening and responding to music. Lyn Morton kindly played the organ at the beginning and end of our first service

back. On subsequent weeks we have used recorded music and we have been inspired to use some Makaton signing to communicate our praise while we are not allowed to use our voices in song. We have particularly enjoyed signing along to the Makaton



version of the UK blessing. If you haven't yet experienced the UK blessing and have access to the internet, please take a look and be blessed!

We have started to make plans for some of our community groups to start using our building again in September, which is great news too.

*May God's peace be with you all during September.
Everyone at Shire Methodist*

St Mary's News

Hi Folks! September has arrived and children are returning to their Classrooms after a long break from regular school lessons. We all hope the prediction of a possible second wave of the Covid19 virus when they return proves not to be the case!

The church re-opened for **Sunday Holy Communion services at 10.00 am on Sunday, 26th July**. Although the welcome is just as warm, the church does look different. So a summary of the current safety measures are:

- Upon entering via the West Door, someone will record your name and telephone number in case we need to trace you.
- Your temperature will be taken at the door; anyone showing a high temperature will kindly be asked not to enter the building and to consult their GP.
- All persons must wear a face mask, unless you are in an exempt category.
- At this point you must sanitize your hands.
- You will be directed to one of the plastic chairs which are spaced out to comply with social distancing.
- There will be no books issued but using a screen projector instead.
- No hymns are sung - Tim our Organist will play two or three verses of the hymns we would normally sing.

- A Verger will sanitize your hands when you walk to the Chancel Step, where there is currently a Nave Altar, to receive Communion.

- You will be given a wafer but no Wine. Revd Helen will drink a token of it on our behalf. After receiving your wafer, another Verger will sanitize your hands again before you return to your seat.

- At the conclusion of the service you are asked to leave the building via the South Door onto Pembroke Road.

Your co-operation in following these safety measures will be very much appreciated and which will be reviewed regularly.

The church is also open on a **Thursday morning for 11.00 am Holy Communion Service** following the same Sunday procedure.

Regarding reopening for coffee mornings, we are, unfortunately, unable to confirm a date at the moment. Many of our volunteers are in the vulnerable categories and/or are shielding, so this needs careful management. Once we have a date, we will put a notice on the church noticeboard.

Regarding church activities can at the Tithe Barn - again, risk assessments are taking place and we will contact our groups when we have some news to share.

The wanton damage caused to two of our waste bins in the Churchyard has been partially repaired by **Churchwarden, Richard Powell** and, hopefully, by the time you read this, replacements will have been re-attached to the ground. Please inform the police if you witness any anti-social behaviour in the Churchyard.

On a more positive note, our **Churchwarden, Anne Ford**, wishes the following to be known throughout the Parish:

St. Mary's Church Shirehampton wishes to thank all the faithful keyworkers, shops and services for their hard work in our village and throughout the community. During this particularly difficult time, they are remembered daily in thought and prayer.

The floodlighting illuminated each evening is dedicated to loved ones, the Parish and all who continue to help keep us safe and well. We thank you!

Well, that's it for another month - here is a yarn from a lady in our congregation - "Are you down in the mouth?" If so, "Come into the church for a faith lift!" (Apologies to any person who speaks with a lisp!)

'Bye for now! C.M.E.



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Shirehampton Baptist Church News

Some years stand out in History such as 1066 or 9/11 and 2020 will be remembered for many years to come. Corona 19 has invaded so much of our lives and is not going away in a hurry. However it has been good to see many of the restrictions imposed lifted and this applies to the churches in Shirehampton which are cautiously moving as best they can towards normality.

We in Shire Baptist Church have held a **Zoom service every Sunday at 11 am** and it has been good to have this amenity. **Since July we have met in the church building every Sunday at 4.30 pm.** We miss singing and chatting over a cup of coffee but it is good to meet one another in the flesh and it gives our minister a chance to preach with folk in the same room.

When passing our Church in Station Road, you will see a large poster inviting people to use our building for **private prayer every Thursday morning from 10 am to 12 noon.** If you would like to share a problem and maybe have a prayer, our minister and some ladies will be available and glad to help. However, there is no pressure because we realize it can be difficult to come in but we care for our village and want to be there for any one.

One sad piece of news. We are not able to have our Mainly Music Morning which would normally start back in September. We are very sorry and will miss our mums and children but, by Christmas, we trust we will be in a better position to give you more information.

The Cotswold Community Hall has reopened for some events and I hope to give you details of our monthly services in the October Shire News.

Several members, who meet with us each week, are going through difficult times and I quote from one of our minister's nightly message via email: 'We do not face these trials alone. God will never leave us or forsake us. This is the God we can know and we will not be disappointed.'

We trust you will enjoy the month of September and keep safe.

Greetings from all at Shirehampton Baptist Church

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Extended Shopping Experience For Our High Street

As we continue to adjust to the new way of life I spoke with three more local people on the changes they have put in place to re-open to the public again.

Georgina Lloyd is the Bar Manager at Shirehampton's Men's Social Club on the High Street. "It's not been as bad as we first thought, the customers have been brilliant at social distancing, sanitising, providing the track and trace information and following all the rules. I think it's because they just want to get out and are getting used to our new normal with using supermarkets and essential shops during lock down.



Clare Barker is the Manager of the Break charity shop in the High Street. "Lock down wasn't easy. I missed work and talking with our regular customers. "It was strange to get ready for re-opening. We still had our winter stock out in the shop so we thoroughly cleaned the shop and put our summer stock out! The protective screen was installed on the counter and masks and hand sanitizer made available. When entering the shop we ask all our customers to wear masks and sanitise their hands and upon leaving. The hand sanitiser is on the table by the doorway'.

"We have hand sanitising stations at each entrance to the building and a one way system for use of the toilets. Our cleaner cleans the building and outside tables after each use. Staff wear masks when pouring drinks and we have introduced a one way ordering system inside the club. You order drinks at the ballroom bar and collect them in the main bar, using the socially distancing queuing system. We take temperature tests and contact details of everyone to help with tracing if necessary."

Alex Richards is Chairman of the PBA Club Committee in Nibley Road and has reopened with new look and rules in place. "We have worked really hard to make it safe for our staff and customers by maximising the outdoor space as the safest way to socialise and constructed an outside bar for drinks and potentially food which we hope to serve in the near future."

Overall, it is very important to follow the rules set out by each shop and business and that includes wearing your face mask. For updates go to: www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance

In the meantime please be kind and patient with everyone.

Kathryn Courtney

"A Caribbean Christmas At The Co-op"

On the 25th June, the Co-op staff got dressed up for their Caribbean Christmas with a summery look. They handed out mince pies to customers whilst fundraising for the local Food Bank. They raised £90 that day and staff would like to thank their customers for their support.

Kathryn Courtney



SUPPORT YOUR LOCAL HIGH STREET:

Break Charity Shop

'Break' is a charity organisation that supports children, young people, children with disabilities and sometimes their families too. They believe every child and young person needs a safe and loving home to look to the future with confidence and hope.

The organisation runs several children's homes, provides a fostering and mentoring service, therapeutic short breaks, and practical help for families to strengthen and build relationships. This can include specialist counselling for children who have had difficult or traumatic experiences, as well as support for the whole family.

Clare Barker has been Manager of the Break Charity Shop in Shirehampton's High Street for 18 months and enjoys working there. "Every day is different, and the customers make the day pass quickly. Whether they are dropping off donations or coming in to buy something, we always have a chat. Some I know personally and, if they are in a grumpy mood, you can guarantee they'll leave

with a smile on their face. Every now and again I have been known to make a cup of coffee or tea for a customer especially if they have been down in the dumps. Providing a listening ear costs nothing, even if I am putting out stock on the shelves".

"We sell a wide range of items in the shop, books, CDs, DVDs, household goods, electrical goods that are PAT tested, toys, picture frames, bric-a-brac and good selection of women's, men's and children's clothes, all of which are steam cleaned before going on the rails."

"The High Street is very important to me as I grew up in Shirehampton. It has changed so much over the years and not for the good. Our shop is at the quieter end and, since we've lost the bakery shop next door, there really isn't anything extra to draw people to this end of the High Street. We need individual, different shops to provide variety and interest but that doesn't seem to be happening at the moment."

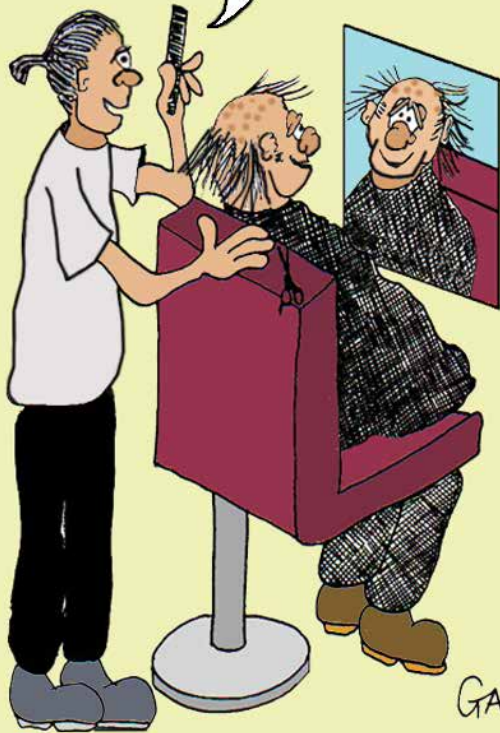


"Now that we are open again, people can continue to bring in donations each day between 9am -10am and then 4pm -5pm, but no more than two bags. Donations are then quarantined for three days after which we sort through the items to put out for sale. Please don't leave donations outside the shop as they end up being thrown away. That is such a waste." Said Clare.

Kathryn Courtney.

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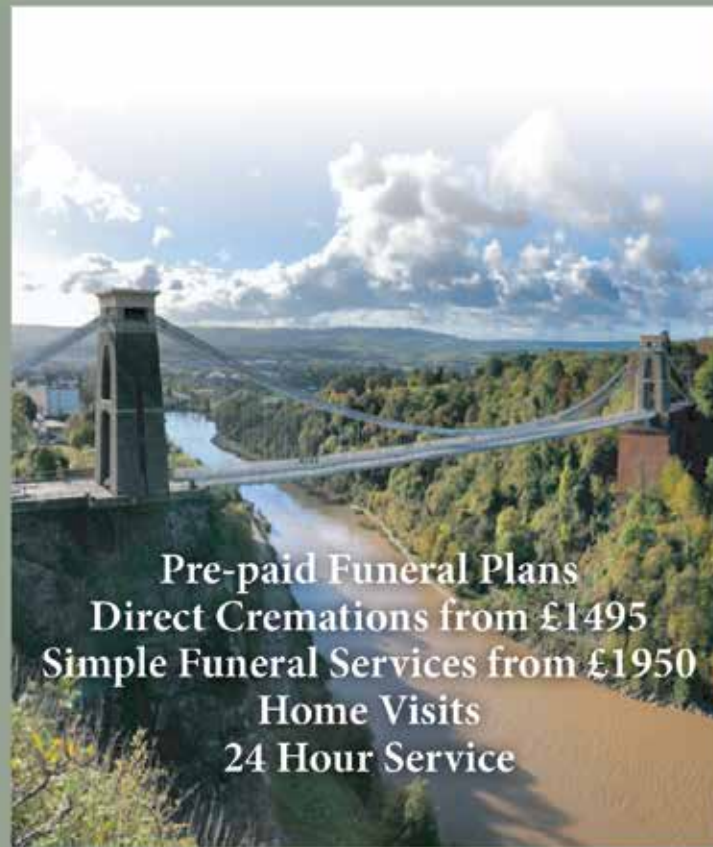
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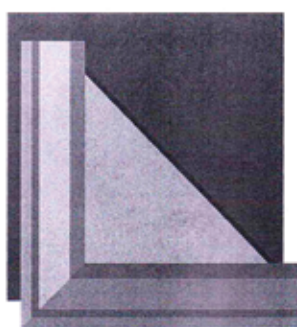
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SPORT IN SHIREHAMPTON 

City and Port of Bristol Bowling Club

Following the first ever summer tour in 1984, the touring tradition continued with a return to Bournemouth the following year. It was on that tour that the City and Port bowlers met and made friends with a group of Labour Councillors and their wives from Yorkshire, and this meeting lead to not only a later meeting on tour in Newquay but also a visit to Wortley Hall near Sheffield and a try at Crown Green Bowling - rather different to the flat green version!! Remarkably, the new found friends from Yorkshire made an appearance, in fancy dress, at a club Presentation Evening and, at the end of it, were pleased to accept the offer of hospitality for the night from their hosts.

Pat Warren continued arranging summer tours for many years, held office as club treasurer and was an accomplished bowler, winning numerous club trophies and representing the club in league and cup competitions.

Pat worked with Lis Davies to arrange tours at the start of the new century before Lis took on the role as sole organiser, until standing down at the end of the 2019. She has been involved in organising no less than fourteen tours and many people will remember the greeting 'Hello Bowlers!!'

Tours are about enjoyment, bowling and meeting bowlers from other parts of the bowling world. There are customs and traditions: fancy dress night; wearing the duck for twenty four hours if you happened to be on the rink losing by the most shots that day; the daily quiz and, of course, the chance to be a winner if your ticket number

is closest to the number of shots scored by your team that day.

Since 2004 there have been fourteen tours starting in Weymouth and ending in Sidmouth. Between these were return visits to Bournemouth in 2011 and 2017. In the first of these there was an incredible event near the sea front when Marion Brailey and John Kington were hurled into the air from a machine that looked like a big catapult. There was a big audience of bowlers to watch it happen. When the pair returned to earth they were smiling and, yes, they were sponsored!! Two visits to the Clarence House Hotel in Tenby, visiting Caldy Island by boat on a

glorious day and also the Friday morning swim in the sea. Quite a few bowlers joined in – it was great fun and not at all cold.

The final part of the story will be in the next issue. Bowling did happen on tour but also many memories have been created and friends made. Club Tours are now organised in 2021 for Eastbourne and also the Winter Break in Torquay next March is on!

For information about the club and its activities please call David Hinksman on 0117 9082713.





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Family Announcements



Sheila Adams

13 May 1935 – 02 July 2020

Mum was born in Southville and grew up in Avonmouth. She went to St Bernard's School as an infant then to La Retraite. At eighteen, she went on to the Royal West of England Academy School in Clifton to study dress design. This remained a lifelong passion of hers and she was an accomplished dressmaker.

In 1956 she married her husband, John, and in 1959 they settled in Shirehampton. They had six children, fifteen grandchildren and, more recently, three great-grandchildren, many of whom still live in the village.

After a long and happy life Mum died peacefully in her sleep on 2nd July. Her funeral took place at Memorial Woodlands, Alveston on 16th July.

We would like to thank the paramedics who acted with great kindness and the staff at Southmead Hospital who looked after her so brilliantly in the last two weeks of her life, despite the difficult circumstances. We would also like to thank the many friends and neighbours who have sent cards and messages – these have been a great comfort to us all.

Rest in peace Mum.

*Patrick, Mary, William, Sophie,
Catherine and Madeleine XX*



Betty Rowlands

Betty Rowlands died on 29 July 2020 just two months before her 97th birthday.

She passed peacefully at Penhill Residential Home, the place she had called home for the last two years. A successful crime writer she was referred to by her publisher as their 'Queen of Cozy Crime'.

You will be greatly missed, Mum.

Dorothy and David.



Happy Birthday Bobbie Perkins

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Jeff XXX

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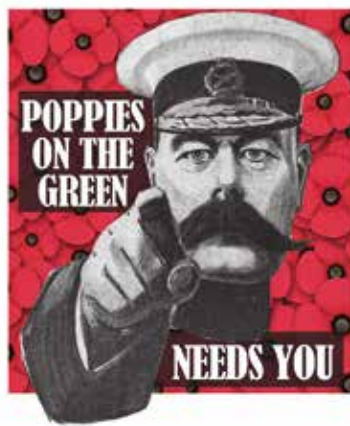
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Poppies On The Green Needs You!



“Painting Poppies At Home And At School.”

“Poppies On The Green” is back to mark 75 years since the end of World War II and 80 years since the Battle Of Britain and Dunkirk known as Operation Dynamo.

We were putting together plans for displays this year which included working with Arts Enlarged

and also doing a fund raising concert on the evening of V.E Day anniversary celebrations, but they were suspended due to the Coronavirus, lock down, social distancing and guideline restrictions.

We had hoped to run our usual sessions of ‘Painting Poppies’ during the summer school holidays onwards but, with so many changes including lack of venues and social distancing, this will not be possible. We still intend to do a poppy display on Shirehampton Green, the Daisy Field and a small display at Shirehampton train station, as we did in 2018, but we do need your help in order to achieve this. From children to adults 80 years and beyond, we hope you will help us by making/painting poppies or even knitting poppies in the colours of red and purple and to make this a community event we can all be proud of.

We have now hit on the idea of ‘Painting Poppies At Home And At School’. We are approaching the local schools to help out and, of course, Avonmouth Sea Cadets from September. If you are interested in taking part with ‘Painting Poppies At Home’, they are easy to make and includes upcycling plastic bottles, such as cola and water bottles where the top and bottom can be cut off and shaped into poppies. (For any children this must be done safely by an adult.) You can use

acrylic paint or ready mixed bottles of paint or spray paint to colour the poppies.

We will of course provide a collection box at Shirehampton Public Hall in due course where your home made poppies can be dropped off for inclusion in the displays. We will also spray varnish the poppies to seal them and prevent the paints from running.



We also have photograph samples of poppies that have been made/painted, the type of plastic bottles that can be used, a short video on how to make the poppies and a knitting pattern for knitted poppies via our Facebook web page www.facebook.com/poppiesonthegreen You can also send us an email to poppiesonthegreen@outlook.com should you have any questions.

We hope many of you will help to make our ‘Poppies On The Green’ display one that will be remembered and, nearer the time, we will need volunteers to put the displays together with social distancing being adhered to keep everyone as safe as we can.

Many thanks,

Asb Bearman, Kathryn Courtney.

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