

Shire

Your local community newspaper with news and views from the Shirehampton area

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Easter Greetings to All from Shire!

Kath Retires from the Co-op



The 19th February marked the end of an era for our local Co-op Convenience Store. Kath has been a member of staff for far too many years to mention and most of you have probably been served by her at the check out. A little bit of banter and Kath's terrible jokes will no longer be ringing throughout the shop as retirement beckoned.

"I'm a bit apprehensive but looking forward to my retirement. I am going to miss all the girls, the customers but I am not going to miss the work. It will be good to do anything I like now. I'll be listening to my CDs, read books, watch some DVDs, do some gardening and go out for rides on the bike." said Kath.

Her colleague **Josh** is going to miss her. "I'm definitely going to miss Kath's terrible jokes." Whilst **Chris** who is the manager of the Co-op said "I think for me, it's Kath's longevity. She is one of those colleagues who knows everything and everyone, so from a community point of view Kath is the heart and soul of the check outs. I don't think that

is ever going to be replaced and I think for me, I remember when I was a 16 year old boy I walked through the door on my first ever shift and she was the first person I ever spoke to. It's ironic now, 31 years she has given this business and will never ever be replaced. I agree with Josh, the jokes, her general wittiness. Kath is an absolute staple of the shop and that goes for a couple other colleagues who have been here for so long too"

Enjoy your retirement Kath, you will be missed by friends, colleagues and customers.

Kathryn Courtney

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Shire

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Any material published is at the editor's discretion and may also be included on our website www.shire.org.uk unless the copy is clearly marked 'not to be included on the world wide web'.

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PUBLIC INFORMATION FOR APRIL

Local Government Elections

The West of England Metro Mayor and the Bristol Mayor are up for election **May 6th**. Bristol Green Capitol Partnership has organized politically neutral hustings for both elections asking candidates: **How can the region's response to the climate and ecological Emergencies be fair and fast?**

Hustings for the West of England Mayoral elections will be on **Monday 19th April 6:00-7:30pm**, those for the Bristol Mayoral elections will be on **Tuesday 27th April 6:00-7:30**.

These will be on-line Zoom events; you can register for them with Eventbrite. There will be the opportunity for you to submit questions or comment on your concerns by writing to: <http://bit.ly/mayoralelections2021>.

The **Bristol Festival of Ideas** is also holding an on-line election debate **Friday 23 April 19:15-20:30**. Go to **Crowdcast** for instructions on how to join.

The Government has issued new **COVID-19 guidance in the lead up to local elections on 6th May**. People may campaign outdoors in a COVID-secure way, this includes delivering leaflets and speaking to people on their doorsteps.

- Campaigners are advised to:
- Campaign alone where possible
- Keep socially distanced from others
- Not enter people's homes
- Only enter premises, such as a shared hallway in a block of flats, where absolutely necessary
- Take the necessary precautions by wearing a face covering and sanitising or washing their hands regularly
- Be mindful that some residents are shielding.

For the full guidance, visit **GOV.UK** and search for **"Government's Approach to Elections"**.

Changes to National Covid Guidance

From March 8 the Government guidance has changed.

- All schools and colleges have reopened to all pupils
- Regular lateral flow (rapid) testing is available to pupils and school staff through schools, and community testing is available for households with children
- Some university students can return to campuses for practical courses

- You can exercise or meet outdoors with your household, or one other person not in your household
- One nominated person can visit a loved one in a care home

We must all continue to stay at home as much as possible. You must not leave, or be outside of, your home except where necessary. Full guidance on **GOV.UK**, search for **"Stay at Home Guidance"**.

Rules on socialising in a public space also relaxed from March 8th, but the important public health message remains the same: **Stay at home. Work from home where you can.**

Update from WECA: Future of the Region Survey Report

The results of the WECA Future of the Region survey demonstrate high levels of support across the priorities and principles of the Spatial Development Strategy (SDS). The responses provide a greater understanding of the things that are most important to people who live and work in the area.

The top themes that repeat throughout the survey responses were:

- The provision of quality homes that are affordable (relative to local incomes) is seen as a key priority for the region
- The importance of providing space for wildlife and nature is rated very highly by respondents. Access to nature and green space is also a key concern

- There are high levels of support for activity to address and prioritise responding to the climate emergency

- A high-quality sustainable transport network is viewed as key to delivering a successful spatial strategy.

You can read the full report on our website; please click here: www.westofengland-ca.gov.uk/west-of-england-strategic-planning/

The full report on the Future of the Region survey here: bit.ly/SDSengagement

The survey responses can be viewed here:

consultation.westofengland-ca.gov.uk/infrastructure/the-spatial-development-strategy/consultation/published_select_respondent



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The *Shire* Community Pages

SHIRE PRACTICE: Dr Hellier to Retire

We are sorry to announce the retirement of Dr Paul Hellier from Shirehampton Group Practice. After 27 years providing care and support to both his patients and the Primary Care Team, he has decided to call it a day and 'depart into the sunset'.

Since joining the Practice in 1993 he has been an ever constant presence - providing good humour, optimism and an overwhelming desire to do his very best for all his patients in Shirehampton (along with tales of exotic travel, DIY exploits, and illicit firewood collection!)

As a Partnership, we would like to thank him for his friendship, support and acknowledge all the good work he has done for the Practice over the years.

He will be sorely missed!

Many thanks,

Ellie Truss, Deputy Practice Manager

GETTING TO KNOW OUR FOODBANK

We've been putting the Food Bank poster in every edition recently so we are all reminded that there are ways we can all people in food poverty. The Bristol Northwest Foodbank is located in the Social Justice Hub in St Andrew's Church, Avonmouth.

They have outlets in Henbury, Lawrence Weston, and Hotwells as well as Avonmouth. The Hub houses their warehouse and offices, and also other services including cookery and household budgeting courses.

You can take food donations to the Hub on Monday mornings between 9:30 and 11:30. There are collection points at Lawrence Weston Baptist Church, at St. Edyth's in Sea Mills and in all of the local Co-op stores.

You might be surprised to hear that the Foodbank needs toiletries like shampoo and shower gel, toothbrushes and tooth paste, that they distribute cat and dog food, and that of course treats like chocolate or biscuits are welcome. Everything should have at least six months before its sell by date. You'll usually see a list of 'most needed items' when you go into the Co-op for your weekly shop. The easiest way to support the Foodbank is by adding one or two of those items to your basket.

If you want to do even more you may be able to volunteer. At the moment volunteer applications are closed due to Covid, but they should re-open when lockdown is lifted. There is more information about volunteer roles, and every aspect of the Foodbank operation on their website: www.bristolnorthwestfoodbank.org.uk

Shire Craft Exhibition 2021

Sitting here in the early spring sunshine watching the daffodils on my windowsill slowly opening feeling optimistic about the future. We've made the decision to book the Hall and get the Craft Exhibition back on track, at last something to put in the diary.

**The Exhibition will run from:
Tuesday 26th till Saturday 30th October.**

Hopefully you've all been using lockdown to make and do and now is the chance to show. Details on booking will follow in upcoming editions of "Shire", together with details of booking online as well.

As in previous years we will be having a theme for the children to hunt through the village, this year the theme is **Robots**. So if you fancy making a robot (not life size) that we can show in the shops or at the exhibition please do. Ideal opportunity to do a bit of steampunking and upcycling.

Look out for more information on the Exhibition and finish those projects.



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Family Announcements

Do you want to announce a family celebration, marriage or death?

Contact adverts@shire.org.uk to book.

Small text box = £10.

Larger picture box = £15.

Letters to the Editor

We enjoy spreading community news especially in these strange times. We love to hear from all our readers of both the online and printed versions. Send in your stories to editor@shire.org.uk. Although, if requested, we will not print the name of a letter written to the Editor, we cannot accept an anonymous letter. *Many thanks.*

SCHOOL PHOTO

Dear Editor,

Re: Letter from Gil Osman about David Thoburn, I found a photo of Shirehampton Junior School – do not know what year – Maybe Mr Osman might recognise many people on it.

Dave played sport all his life, Boys club, Sea Mills, Shirehampton, photos of which I have many.

My son Gary also played for Shire.

I recognise people as I worked my many years at Theresa's Hair Dressers on Pembroke Road.

I went to Avonmouth Junior School.

Mary Thoburn



HALL "SOUND" IMMORTALISED

Dear Editor,

I thought this might be of interest to your readers.

I work as a TV composer, and moved to Shirehampton from Clifton in 2018. That autumn I was approached about the reopening and redesign of Bristol Old Vic's foyer, and composing the music for a short film that would be projected onto the newly revealed ancient wall there. The film, created by Aardman and Limbic Cinema, would showcase the history of the theatre from design and opening through to the modern day, and the music needed to feature live voices performing vocal warm-ups and theatrical shouts. Since recording this material at the theatre itself wasn't possible, I hunted around for replacements and settled on giving it a go on the stage in Shirehampton, since there weren't too many alternative 18th century theatres within my budget... The recording was a success (the original music landing me a nomination in the regional Royal Television Society Awards as Best Composer), and the film 'The House Is Open' played before every performance for months on end at Bristol Old Vic. To my knowledge nobody ever questioned the anachronistic acoustic on the voices...

Not quite 'The Lark Ascending' I'm afraid, but I'm happy to say the hall played a vital part in one of my pieces nonetheless, and it was an excellent introduction to the village for me.

I enjoy reading Shire every month, many thanks for the hard work that goes into it.

Cheers!

Matt Loveridge, Composer

matt@membraneaudio.co.uk

SHIREHAMPTON AIR TRAINING CORPS

Dear Editor,

Good Morning from Gawler, South Australia.

Back in the early 1950's I was a member of the Air Training Corps which had a Building close to the George Public House. Subsequently this stood me in good stead to join the RAF when called for National Service. I have attempted to locate info regarding the Corps in Shire, to no avail. Can you assist by advising if there is still a functioning section in the Shire area? The CO at the Time was a Flt. Lieutenant Beckett. Hopefully there may be a SHIRE Reader who was a member at the same time as me. Would appreciate your assistance.

Kind Regards

Keith FitzGerald

"THANK YOU" DR. BUSH

Dear Editor,

It was with great sadness that I heard Dr John Bush had passed away. He became one of our family Doctors and was thought very highly of.

I was 15 when he came to the practice at Shirehampton and had suffered Asthma from the age of 6. This was due to an awful bout of measles, at that time there was nothing to help except breathing exercises.

One day he produced a new invention, a 'Ventolin Inhaler'. From that day on my life completely changed. I could run, swim, dance and do everything everyone else was doing. It felt like a miracle.

Thank you Dr Bush for giving me my life back.

Our thoughts are with Claire and the family at this sad and difficult time.

Norma Wyllie (nee Chivers)

Dear Editor,

After reading the article in the Shire about Dr Bush, we would like to offer our deepest and most sincere condolences to the family. We were patients of Dr Bush for many years and we respected him, he always had a smile when we had surgery with him and he made us feel at ease.

We now reside in Australia and have been living here for 23 years, but have kept up to date by reading the Shire every month.

Brian & Maureen Swain



Hello there! **Would you like to improve your well-being?**

I am a local Shire resident and a Personal Trainer who can help you to achieve your goals without the need to attend a gym. Whatever your age or ability I can help:

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- Improve muscle tone and bone density
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Linda x x

Weekly classes - just come along - no need to book:

- **Kettlebells are Monday 5.15 - 6.15pm and 6.30 - 7.30pm, Wednesday from 5.15 - 6.15pm and Thursday from 6.30 - 7.30pm at the Cotswold Community Centre. Message for 1:1 technique session.**
- **Bootcamps: Monday and Wednesday 6.15-7.00am. Please message for details.**



For a free initial consultation in your own home or mine. Telephone: **07875 054 292**

Email: t.linda1206@gmail.com

www.shirestrong.co.uk



News from the Office of Darren Jones, MP

With Covid infection numbers in decline and the vaccination effort moving past at-risk cohorts, I'm looking forward to the health restrictions starting to lift. Whilst I'm looking forward to seeing friends and family outside again, it's important that we stick to the rules as we slowly open to make sure we don't start seeing infection rates increase again. A big thank you as always to our NHS staff for their speedy vaccine roll out.

I'd also like to take the opportunity to wish **Dr Hellier** a happy retirement. Dr Hellier has been a GP in Shire for decades (I remember seeing him as a child myself!) and after 30 years of service he's now taking his retirement. Happy retirement!

It was great to see so many of you at my online forum on **Bristol's Clean Air Zone** proposal. With over 120 constituents registering for a ticket to discuss this on Zoom, it was helpful to gather views from across our part of Bristol. If you couldn't make it, you can watch back our discussion and read my subsequent letter to the Mayor about this on my website: darrenjones.co.uk/CAZ. You will also be able to visit that page to share your own feedback about the Clean Air Zone.

The Clean Air Zone is needed so that Bristol meets the legal requirements set out by the Government about air quality and pollution. Older petrol and

diesel cars, HGVs and buses, will pay a daily fee to enter this zone. Bristol City Council estimate that 70% of vehicles on the road in Bristol are exempt from charge already and schemes will be introduced to help the owners of non-exempt vehicles. We all want to live in a city with clean and healthy air, but we also need to make sure that we don't cut off parts of Bristol or penalise people trying to do the right thing.

Residents of **Shirehampton, Lawrence Weston and Avonmouth** have raised concerns about the Portway extension of the Clean Air Zone. Following your feedback, I will be pushing for changes to this in Parliament as these decisions are ultimately in the central Government's hands. With **Bristol City Council**, I've pushed for exemptions for blue badge holders, hospital trips and social care journeys. I've also asked for more data to be made available about

the expected impact of diverted traffic around the Clean Air Zone. Although this Clean Air Zone is a legal requirement put upon Bristol, I'm confident we can strike the right balance between environment, air quality, inclusivity and accessibility for **Bristol North West**.

Of course, improving transport in Bristol goes beyond car journeys and road networks. That's why I'm updating my **2019 North Bristol Transport** plan for a post-COVID Bristol. As before, I want this agenda to be driven by you and your transport needs. **So, please contribute to our initial call-for-evidence at darren-jones.co.uk/transport2021**

As usual, if you need my help or have a question, I am running telephone surgeries and regular fortnightly catchups on Wednesdays on Facebook. Please get in touch at darren.jones.mp@parliament.uk or call the office on 0117 959 6545 but please note that due to very high demand for support that we are currently prioritising COVID-related and personally urgent enquires.

CONTACTING YOUR LOCAL COUNCILLOR

Shirehampton is in the Avonmouth and Lawrence Weston Ward

Your Councillors are:

Donald Alexander – Labour: cll.donald.alexander@bristol.gov.uk
 Matthew Melias – Conservative: cll.matthew.melias@bristol.gov.uk
 Jo Sergeant – Labour: cll.jo.sergeant@bristol.gov.uk
 Conservative Members' Services Office: 0117 922 2746
 Labour Members' Services Office: 0117 922 3827

CONTACTING YOUR MEMBER OF PARLIAMENT

Shirehampton is in the Bristol North West Constituency

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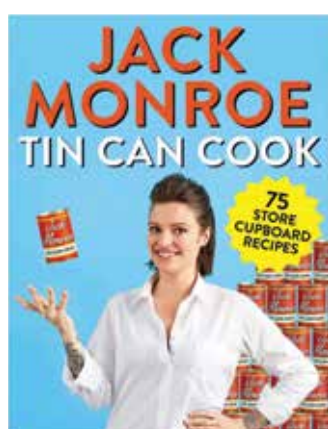
AVONMOUTH COMMUNITY CENTRE

Avonmouth Community Food Cupboard

The Cupboard has surplus food provided by Fareshare, in our partnership with grassroots Cedarfields Sanctuary and Fareshare. The aim of the cupboard is to provide support to the local community by offering free food to those who need it- there are no specific requirements in terms of benefits/income etc. We are just taking food that would otherwise have gone to waste and trying to use it to benefit our community.

We have a wide range of tinned, dried and store cupboard items and different fresh items every week.

We are currently open on Tuesdays and Wednesdays, 9.30-3.30, if you would like to come and pick up items from the cupboard (please note that all COVID restrictions will apply). **Please bring a bag, too.**



While we're talking about tinned food its interesting how it's often seen as the "poor relation" and looked down on compared to fresh foods. This is not really the case- some tinned food can be very nutritious. The food campaigner Jack

Monroe has recently written whole book based around tinned foods - "Tin Can Cook" which is well worth a read if you like cooking and are interested in new ways to cook tinned foods.

We have lots of sardines in the cupboard at the moment. They are particularly nutritious (and delicious!) and one can contains your daily intake of vitamin B12, with B2, B3, D, selenium, phosphorus, calcium, omega 3 and protein.

Here's a really quick light meal:

Bloody Mary Sardines on Toast - for 1

- 1 can sardines in oil, drained
- Tomato ketchup
- Worcestershire sauce
- Tabasco sauce/ chilli flakes
- Lemon juice
- Pepper
- Buttered toast, to serve

Method: drain the sardines and mash with the other ingredients to taste (you can even add a splash of vodka, if it feels appropriate!). Heap onto hot, buttered toast and enjoy.

Wednesday Soup Lunch

We are serving a healthy homemade soup and bread take away lunch at Avonmouth Community Centre on a Wednesday between 12.30 and 2pm. The soup is often made from veg that would otherwise go to waste. The cost of the soup is £3 or £2.50 for a block of 4. This often includes a small sweet treat as well.

We offer a soup delivery to people who are not able to come to the centre.

If you would like a soup delivery or some food from the cupboard contact us on 0117 9827445 leaving a contact name and number and we will get back to you or message our Facebook page

Avonmouth Community Centre.

Kintsugi Hope Wellbeing with St Mary's Church

Kintsugi Hope Wellbeing Group Starting Soon! This past year has been a tough one for all of us, and maintaining our health and wellbeing has never been more important. Kintsugi hope is a 12 week group exploring health and wellbeing in a safe, supportive, non-judgemental environment. Together we'll explore issues such as anxiety, disappointment, loss and anger. We'll look at different tools we can draw on to support our wellbeing as we journey together.

You're probably wondering what 'Kintsugi' is. Kintsugi is a Japanese art form of mending broken pots with golden glue. Rather than using superglue so that the cracks are hidden, the gold makes a feature of the cracks and the item becomes more beautiful and completely unique. Kintsugi Hope is about finding treasure in our own scars, learning to appreciate the beauty in our own brokenness and journey towards becoming more whole.

If this sounds like something you would like to be part of, please do get in touch with **Simon and Rebecca** via email, reb.asma@outlook.com, or phone **07843 884 759**. We'd love to tell you more about the group and answer any questions you might have. The group is likely to run on an evening via zoom and is supported by **St Mary's Church**. You can find out more at www.stmarysshire.org/kintsugi-hope-wellbeing-group.



Cotswold Community Association
Dursley Road, Shirehampton,
Bristol, BS11 9XH
Registered charity no. 1101427

REGULAR EVENTS

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Pilates 9:30-10:30am

Personal Fitness 6:30-7:30pm

TUESDAY (1st of each month)

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TUE

WED

We'd like to wish everyone a Happy 2021. Let's hope we can resume activities as soon as possible.

For more details and regular updates, join our mail-list by emailing cotswoldca@gmail.com

Keep fit 10:30-11:30am

SATURDAY (2nd of each month)

Coffee Morning 10am

*Booking must be made, either by email:

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For more details and regular updates, join our mail list by emailing

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The “Lark Ascending” and the Roses at Shirehampton Public Hall

If you’ve recently walked past Shirehampton Public Hall, you might have noticed a new flower bed against the front fence. This is the story of what’s been planted there, and why.

The story begins when **Vaughan Williams** completed his composition of “**Lark Ascending**” for piano and violin whilst staying as a guest of **Philip Napier Miles** at **Kings’ Weston House**.

The composition was based on the poem by **George Meredith**, being based on the following lines:

*He rises and begins to round,
He drops the silver chain of sound,
Of many links without a break,
In chirrup, whistle, slur and shake.*

*For singing till his heaven fills,
’Tis love of earth that he instils,
And ever winging up and up,
Our valley is his golden cup
And he the wine which overflows
to lift us with him as he goes.*

*Till lost on his aerial rings
In light, and then the fancy sings*



Miss Marie Hall with her violin.



The premier violin and piano performance of “Lark Ascending”, with the violinist **Marie Hall** (and her Stradivarius violin), took place at the **Shirehampton Public Hall** on **December 15th, 1920**.

A new bed of roses has been planted in the Public Hall garden. The Rose, bred by **David Austin Roses**, is named **The Lark Ascending** and four have been planted to mark the **100th anniversary** of the first performance of the piece which took place here at the Public Hall. They may not look like much now but in years to come they will be tall and graceful with delicate apricot coloured blooms. We can all watch them grow and be reminded of the Hall’s proud history.

On Tuesday 15th December 2020, the exact centenary of the original performance, the **Bristol Ensemble** staged “Lark Ascending” live and on-line at the Shirehampton Public Hall. The solo violin was performed by **Jennifer Pike** (who won BBC Musician of the year when she was 12, in 2002).



The herbaceous plants are sourced from Blaise nursery.



Above and Top: Jennifer Pike and the Bristol Ensemble performing “Lark Ascending” at the Shirehampton Public Hall which was broadcast live on-line by Bristol Beacon.

Design a House Competition!

As part of our Children and Young People voice work in partnership with FACE and Bristol Autism Project we are running a Design a House Competition for Disabled Children and Young People to get involved with.

This will formulate a response to Bristol City Council around what is important to Disabled Children and Young People in their own home as we work with them to develop a new supported living site in partnership with City of Bristol College.

We will be cross-referencing all of the entries that come in to pick out the key themes which are shown. But more importantly it's something fun that Disabled Children and Young People we engage with can get involved with.

See across for more information and remember you could win a £20 Amazon Voucher! Download the PDF at www.wecil.co.uk/2021/03/22/design-a-house-competition/

Thanks,

Matt Peall, Children and Young People's Manager



Design a house competition!

We would like to invite you to design your dream house! Below are 4 templates for a bedroom, kitchen, bathroom and living room.

You can draw, write, label and design however you want! You can be as creative as you like.



We will be randomly selecting 3 submissions to win a prize! You only need to submit one room to be entered into the prize selection.

The prize is a £20 Amazon Gift Card



Please send your completed house designs to: youth.board@wecil.co.uk

Deadline of submissions is Monday 19th April 2021

If you would like a printed copy sent to you, please contact us on the email above.

Living Room

Think about what you would like to do in your living room - spending time with friends, watching tv, relaxing.

Name: _____
Contact Email: _____

Where will lights/light switches/plug sockets go?

light switch

What furniture would you like?

Is there anything really important you need in your living room?

The most important part of my living room is...

lounge

What colour will everything be?

- The Walls
- The furniture
- The floor

What different textures would you like? (Cushions, blankets, rugs etc.)

Bedroom

What lights would you have in your bedroom?

bedroom lighting

Where will the lights/light switches and sockets go?

light switch

What colour will everything be?

- The Walls
- The furniture
- The floor

Is there anything important you would need in your bedroom?

The most important part of my bedroom is...

What furniture would you like in your bedroom?

Where would you store all of your clothes?

Bathroom

What important things do you need in your Bathroom?

Name: _____
Contact Email: _____

Where will the lights/light switches go?

bathroom

What do you want in your bathroom?

- Wet Room
- Bath
- Shower

The most important part of my bathroom is...

Will the walls be tiled or painted?

What colour will everything be?

- The Walls
- The furniture
- The floor

What sort of lighting does the bathroom need?

Kitchen

How many cupboards will there be? Where would you put them?

Don't forget about doors and windows!

Name: _____
Contact Email: _____

What colour will everything be?

- The Walls
- The Cupboards
- The furniture
- The floor

What would you like in your kitchen?

Is there anything special that would go in your kitchen?

What appliances would you like? (Cooker, Microwave, Kettle, Dish Washer etc.)

light switch

Where will the lights/light switches and sockets go?

The most important part of my kitchen is...

Bristol Libraries Open for Call and Collect Service



Seven locations restart services from Monday 8th March

A number of Bristol libraries will make Call and Collect services available from 8 March. Services from Central Library will be on an appointment basis only.

The Call and Collect service will be available from Central Library, Henleaze, Henbury, Bishopston, Fishponds, Marksbury Road and Stockwood. Reservations will be available as well as Book Bundles – a random selection of themed books.

The 6 branches are **Bishopston, Fishponds, Henbury, Henleaze, Marksbury Road and Stockwood**. The opening hours at these libraries will be **11am-3pm on Monday, Wednesday, Friday and Saturday**. There is no public access

to the libraries – services will be provided at the door. There's no need to make an appointment at the branches for Call and Collect (though you do need to ring or email ahead for this service), returns, reservation collection and book bundles. All libraries will be open Monday, Wednesday, Friday and Saturday; staff on site will be kept to a minimum.

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Our depot donation requests is now live and we can support local causes up to the value of £400 depending on the reason. Last year we supported the Foodbank, Ambition and Kings Weston Action Group.

Requests can be made to me via letter on headed paper or email with letter of request attached to the address or email address below. Requests usually take 2 weeks to be approved if certain criteria are met. The criteria are:

- 1. Fairer Access to Food** - Supporting groups to deliver activity that addresses food poverty in your community (this excludes ongoing donations of food).
- 2. Fairer Access to Mental Wellbeing** - Supporting groups to deliver an activity which promotes and enables better physical and mental health.
- 3. Fairer Access to Education and Employment Opportunities for Young People** - Supporting groups to deliver activity which helps young people to help themselves by learning new skills, building resilient communities for the future.

I hope we might be able to support our community either by our policy or smaller requests i.e. hampers, food donations or help with fundraising etc.

Kind regards,

Tracey Smith

Engagement Support Assistant

07895088519

tracey.smith@coop.co.uk

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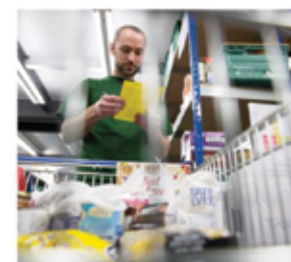
To access a referral, speak to Citizens Advice confidentially
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Once you have been referred you can collect your food parcel from one of our outlets,
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We CAN All Make A Difference!

We've just been celebrating Easter, feeling grateful for the longer days and warmer weather, watching the leaves and blossom opening. And we've also been hearing about a Green Recovery from Covid.

In a recent edition of **Costing the Earth on Radio 4 Tom Heap** discussed what has to be done now to avert the worst effects of **Climate Change**. He said there are three areas where we must reduce our carbon output: Energy, Land Use and Finance. Government will have to do the heavy lifting on ending dependence on fossil fuels and shifting to renewable

energy through its **Green Recovery** measures, but we know that we, as citizens, can help by making our own homes as energy efficient as possible.

And when it comes to land use we citizens are already making our own Green Recovery by planting trees – nearly 2000 trees have been

planted in Shirehampton this winter. We are also creating ponds and wildflower meadows to support pollinators. Local organizations like **Avon Wildlife Trust** have been working with partners across Bristol, including **Bristol City Council**, to develop an **Ecological Emergency Strategy**. They are creating a wildflower meadow habitat next to Bristol Cathedral that will include the planting of 500m² of wildflowers and small flowering trees, provided by their wildflower nursery.

Shirehampton has its own Bee Happy Wildflower Project

This time last year here in Shirehampton we were planning the first Planting Party on The Ridge when the first lockdown was announced. A year later we still aren't allowed to gather together for planting, but Sara Cech-Lucas, the Bee Friendly project organizer, hasn't given up on The Ridge Community Garden project.

She writes...“Although the first lockdown stopped **Bee Happy Shire's** first planned Planting Party on The Ridge, it did not stop us planting pollinator-friendly wildflowers seeds in Shire – we sent them out in the post instead! Over 80sq. meter's worth of wildflower seeds were sent to local people to plant in their gardens and window boxes. Check out the Bee Happy Shire's Facebook group to see photographs of the results.

Pollinators allow plants to fruit, set seed and breed. They are vital to creating and maintaining the habitats and ecosystems that many animals rely on for food and shelter. So the health of our natural



© Sara Cech-Lucas

ecosystems is fundamentally linked to the health of our bees.

This year we are planning our first Autumn Planting Party on The Ridge – we would love you to join us on **Saturday 9th October 2021** to plant spring-flowering bulbs, this way there is a result for 'early' pollinators.”

Let's continue the great work of making Shire a Pollinator Friendly Village - Thank you!



© Bob Pritchard

Sustainable Energy for Bristol Homes

Bristol citizens could get financial help to have energy saving measures installed in their homes after the city was awarded nearly £3m to create a local version of the Green Homes Grant Scheme, **Bright Green Homes**.

Funding is available to residents of **Bristol and North Somerset** for the installation of underfloor, loft and cavity wall insulation as well as Solar PV or Solar Thermal renewable technologies

The council's Energy Service will also work with residents to identify any other free and low-cost energy saving options to help further reduce energy bills. **Funding will be available until the end of September 2021. You can register for funding before 31 July but it remains limited to around 200 homes in Bristol. Residents are encouraged to apply as soon as possible to avoid missing out.**

Residents from low-income households with Energy Performance Certificates (EPCs) of G, F, E or D rating can apply immediately. More information on the scheme and eligibility criteria can be found at www.energyservicebristol.co.uk/funding/

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Nature Notes

Two dependable symbols of the arrival of Spring in the photos this month, although they may have felt they were a tad early if the gales and icy temperatures were anything to go by!!!

Seriously though, I think we are all feeling that things are gradually changing for the good with regard to the season. The birds and other wildlife certainly are, with nest sites being checked out, herons returning to their nursery alongside the river, and I have to report that my goldfinches are obviously turning their energies to the survival of their species, as numbers have dropped dramatically at the feeder! And while on the subject of my goldfinches, as you, my faithful reader would have noticed, I did not establish the species of bird on the photo in last month's Shire. A gentle reminder from Iain, our amazing friend at the designers, made me aware that I had omitted to mention their name. However! It occurred to me that I had subconsciously known that, due to the fact they pretty much get a mention every month, there was no need to say anything other than let you see them for yourselves!

I hope that gets me off the hook for not doing a proper read through!!



©Bobbie Perkins

I digress. It has been a pretty quiet time for noting nature, mainly due to the weather, but happily the song thrush could still be heard along the riverbank, a pair of blackbirds are still to be seen in and around our and next door's garden. I am helping them out with a supply of sultanas, and hopefully they will raise young close by, and then we will put some mealworms out.



©Bobbie Perkins

The signs of Spring!

We have had close up sightings of a male sparrow hawk around the estate, which is exciting for us, as well as concerning for our little friends!

Nature is as nature does.

Happy spring watch everyone.

Bobbie Perkins

Bobbie Perkins

Bobbie Perkins

Bobbie Perkins

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6TH APRIL 2021 10AM-10.45AM

Spring Trail for Families
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mywildcity-springtrail.eventbrite.co.uk

8TH APRIL 2021 10:00AM-11.30AM

Nature Connection for Wellbeing
 Discover how you can improve your wellbeing through connection to nature
mywildcity-wellbeing.eventbrite.co.uk

13TH APRIL 2021 6PM-7.30PM

A Talk on Bats in Bristol
 Learn about the amazing life of bats, which species we share our city with and how you can help them thrive in your area.
mywildcity-bats.eventbrite.co.uk

15TH APRIL 2021 10AM-11:30PM

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mywildcity-cyanotype.eventbrite.co.uk

20TH APRIL 2021 6PM-7.30PM

Gardening for Wildlife
 An introduction to five common garden visitors, and how your gardening can help them thrive.
mywildcity-gardeningforwildlife.eventbrite.co.uk

27TH APRIL 2021 6PM-7.30PM

Get to know your Urban Birds
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TYNINGS FIELD

Tynings Field Community Group. Tynings Field is a community horticultural smallholding initiative on an acre of land in Shirehampton. The group normally welcome volunteers when it is safe to do so.

Tynings Field was a threatened landscape at a time when park land was being sold for housing development. But 10 years later this community group is a small but flourishing **Community Supported Agriculture (CSA)**. Founded by myself **Caroline Penny** and the late **Jim Penny** in Shirehampton, **Tynings Field Community Group** was a **Bristol European Green Capital** pioneering project. Voted "one to watch", we hope we've proved it was worth watching and its promise of producing fresh food in the city continues. A non-profit non-business model – it's just farming for fun and for food.

Set in a corner just off the Severn walkway not far from Horseshoe Bend Site of **Special Scientific Interest (SSI)** is a small field banked by allotments and a railway line. The wildlife is diverse and the habitat rich with a copse by a hidden natural pond. Veg plots, an orchard of 24 grown fruit trees, blackberries, raspberries, poultry and bees. Yet it is within a housing estate.

Here the members of the group work to grow veg for themselves and share out the excess. It is not a big group: only about 15 people work here (and not all at once) on small productive plots. We are relishing the fact we can provide seasonal food for ourselves. Also, the hens provide eggs of many colours and sizes.

Our beekeeper Csba and Carl's hives provide raw Bristol honey. Last year the bees feasted on Japanese knotweed in Sea Mills and the honey was deliciously purple! We have created a daisy meadow of wildflowers, including oxeye daisy, vipers bugloss and corncockle. The summer orchard is a haven for



© Caroline Penny

insects and the plums are good. We grow with no pesticides at all.

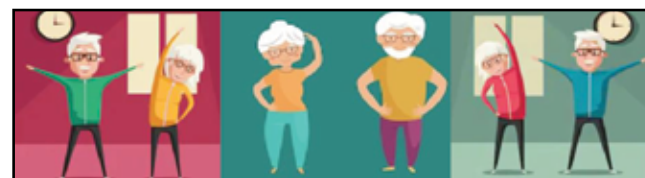
Our aim is to work as a team and as individuals to put on our plates what we produce. As one group all from different backgrounds and countries in Europe we eat to our own taste and recipes.

The ideal of sustainable living on a planet facing challenges of climate change where our children's children will know how to grow food and do it locally is the whole epitome of a summers day working in Tynings Field.

We welcome volunteers in the field and also there are many organised work days with groups. **Keep an eye on our Facebook page for updates.**

By setting the wheels in motion now, together we can transform the future of food in our city, building in resilience over the next decade. So, what change do you want see happen that will transform food in Bristol by 2030? Do you already have an idea for how Bristol can make this happen? **Join the conversation now.**

Caroline Penny



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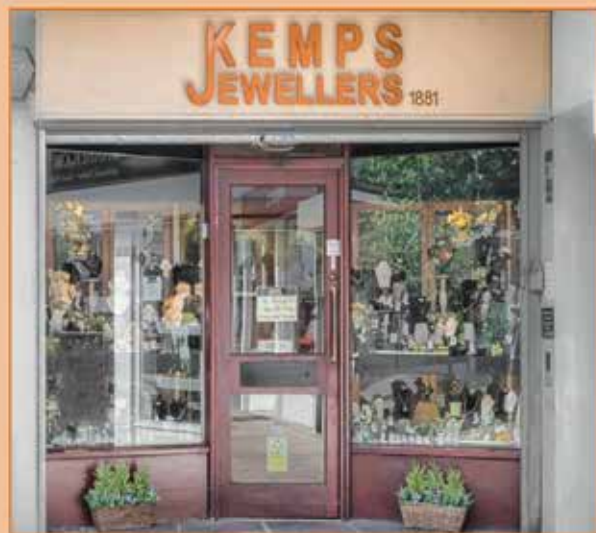
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Teresa Cox



Adam Lenik



Jess Duncan

Churches in the Shirehampton Area

Hello from Shire Methodist

www.shiremethodist.org • www.facebook.com/shiremethodist

We celebrate Easter at the beginning of April this year. This may be from our homes or maybe in our church building; there is still so much uncertainty due to the pandemic. We plan to put a wooden cross outside our church building over the Easter weekend and invite anyone to place flowers on it. This could be as a prayer, or perhaps in remembrance of someone who has died, or as a sign that you are thinking of someone dear to you who you haven't seen for a long time, or as a gesture of thanksgiving.

Our mission priorities were reviewed at our recent church council meeting. They include opening our church building for worship when we are able, bringing the **Shirehampton Jobs, Training and Enterprise Hub** into operation, becoming an **Eco-Church** and working towards being a **dementia-friendly church**.

Morning Worship has been taking place every Sunday via Zoom with our brothers and sisters in Christ from **Horfield Methodist Church**. Anyone with the internet, a mobile phone or a landline can join. Please contact us if you would like to receive an invitation. We support each other by keeping in

touch by phone, letter, email and WhatsApp. We delivered daffodils to many of our church family and friends in mid-March, in connection with Mothering Sunday, as a gesture that we hope everyone is feeling cared for and nurtured. **Revd Patrick Stonehewer** records weekly reflections that you can watch on his YouTube channel or our facebook page. We continue to pray for each other, our local community and our world.

All the churches in Shirehampton are holding our community in prayer, and will do our best to respond to any concerns and needs. Please don't hesitate to contact us on the numbers across.



St Mary's Church 0117 9077026

Shire Methodist 0117 924 8407

Shire Baptist 0117 982 8238

St Bernard's Roman Catholic 0117 982 3380

May God's peace be with you all over Easter and the month of April.

Everyone at Shire Methodist

Bahai Inspired Childrens Classes

We run weekly Children's classes dedicated to teaching virtues. During the class we focus on a virtue through; learning prayers, memorising quotations, reading stories, singing/playing songs and enjoying crafts/games to help develop the Children's understanding of the topic. Our local class is for children aged 2-5 years but there are classes held across Bristol for all age groups up to 11 years old. The immediate aim is to train up enough resources within our community to maintain all age groups in Shirehampton.

We moved from face to face, to online classes immediately after the first lockdown announcement and have continued in this way for almost a year.

We have had to adapt our classes to fit the online platform, which has certainly been a challenge! The dynamic of a face-to-face group is changed through the computer screen and as teachers it has been our job to ensure the children are enjoying the classes just as much as they did before. We have found new ways to engage them visually through storytelling, video, music and even facilitating some group baking sessions. Some of our children have found the move understandably challenging, many others have really engaged.

We are, however looking forward to resuming face-to-face classes when the time is right and

reintroducing service projects such as litter picks and baking for the community. We have learned some new ways of working which we may not have explored pre-pandemic, but ultimately one of the joys of a group like ours is to see how the children learn and interact with one another in a shared space and this cannot be replicated through online classes. For the immediate future of our classes, we are looking to expand. In order to do this we need to find a venue in Shirehampton where we can meet weekly and hopefully welcome some new children to our group.

There can be no doubt that there is a pressing need in the world for change, the signs of injustice and prejudice, among others have always been evident, however a primary realisation that the pandemic has brought to the minds of all people, is that the world

is indeed undeniably connected and when one part suffers we all suffer in some way.

Through our Bahai inspired classes we aim to help build children's understanding of the world they will inherit and their latent capacity to contribute positively to society by exploring virtues such as; Unity in diversity, Love, Oneness (how everything is in balance), Truthfulness and Justice to name a few, with the aim that this guides their thoughts and they themselves learn through practice and demonstrating in their everyday lives. "Regard man as a mine rich in gems of inestimable value. Education can, alone, cause it to reveal it's treasures and enable mankind to benefit therefrom." – Baha'u'llah.

To find out more about the Children's classes search @bahaispiritualeducation on Facebook, search Shining_Stars_Bristol on Instagram or email bahaichildrensclass19@gmail.com

We are desperately looking for a small venue in Shirehampton that might be suitable for our classes, if you have any suggestions, please let us know – tom@purelythemusic.com.

Shirehampton Baptist Church



© Bob Pitchford

Boris Johnson's Exit Plans has offered encouragement and a chance to cautiously make plans for the future. It will be interesting to see how we will adapt to the lifted restrictions but we are not there yet.

Sadly the United Churches, Good Friday March of Witness when we remember Christ's death on the cross cannot take place. Shire Baptist will be holding a service at the Church on that day at 11am. We invite anyone to join us on Easter Sunday, we will meet on Zoom at 11am and 4:30pm and will continue to do so for a little longer.

During the last few weeks the Cotswold Estate and most of the homes East of Walton Road will have received a Good News Paper. We trust you will read it as there is much to interest and encourage you. Along with it there is a notice about a book written by one of our Church members titled Adoption, Addiction and Adventure. It will help you understand the awful trap of addiction but brings hope that even at rock bottom God does not forsake us when we turn to Him and can enable us to find freedom. The book by Ruth Adams now known as Sue Saunders can be bought via Amazon.

The Alpha course is well on its way and is proving helpful to those finding out what being a follower of Jesus Christ is all about. In 2020 over 6,000 courses were run across the UK and will continue on line in 2021.

Don't forget our Church building is open every Thursday morning from 10am to 12pm. We appreciate the fact that walking inside a Church can take courage, however there is no pressure and the building is free for you just to sit or pray alone or to ask for prayer.

We trust that the coming of Spring will enable us all to enjoy its beauty God's handiwork.

Greetings from all at Shire Baptist Church -

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No experience is necessary as full training and ongoing support is provided. So, if you are over 18 and have a little time free to support people in your local area, contact Janice Walsh at janice.walsh@royalvoluntaryservice.org.uk or call 07714 898 558.

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St Mary's News

Our activities at St Mary's are still restricted until the middle of the month. Maundy Thursday and Good Friday worship will still be on-line, but on Easter Sunday, 4th April, we are hoping to have an open-air service in the Churchyard at 10.30 am. The exact format this service will take, we will have to wait and see, since at the time of writing, we are researching what is allowed and what is possible. This service replaces our early morning Sunrise Service. Details will be made available on our website and noticeboards nearer the time, in case government restrictions have changed in the meantime.

The following **Sunday (11th)** is **Low Sunday** and the service will be online only.

St Mary's plans to reopen on Sunday 18th April, as long as government restrictions don't change and local cases haven't increased. We hope to start with the **Rise and Shine service at 8:30am**. It would be appreciated if you could let us know if you and your children will be present at this service so that we can plan accordingly. Our **Holy Communion Service will be at 10:30am** and will continue with the use of a Nave Altar and spaced plastic chairs to ensure social distancing. We will still need to be mindful of recent restrictions such as **"Hands. Face. Space."** and anticipate that numbers allowed at our service will still need to be restricted to around 65. All being well, we plan to restart our **Thursday 11am Holy Communion service from Thursday 22nd April**.

We still have restrictions on numbers able to attend Funerals - 30 persons, and 15 persons at a Wedding service. I hear on the grapevine that there are a number of Wedding Services planned for July onwards, so hopefully by this time numbers will be back to normal.

On **Saturday 24th April** we intend to hold a scaled-back **Spring Fayre** in the Churchyard, similar to the one we held before Christmas. Please, if you are able to make, knit or sew something, would you give it a go and make things for us to sell and also make cakes nearer the time?

Sunday 25th April, we shall be holding our **Annual Parochial Church Meeting in church after the 10:30am Holy Communion Service**. This is the time when we elect members to serve on the **Parochial Church Council** for the next 12 months. To serve on the PCC you have to be over the age of 16 years, be a communicant and be on our Electoral Roll for at least 6 months. If you are not currently on our Electoral Roll and wish to have your name added, you can approach our Administrator - **Eleanor Beddoes** - for an application form. At this meeting you can elect those persons you wish to represent you at PCC Meetings where the business and affairs of the church are discussed.

Many people keep asking when will the church be open again for Tea & Coffee. The answer I'm afraid



©Bob Pitchford

is I don't know, but would suspect it won't be until the Government lifts the last restrictions on us.

Finally, we are excited to announce that we hope to start a **Kintsugi Hope Wellness Group** very soon, with an emphasis on maintaining our health and wellbeing, much needed at this particularly difficult time. This is a 12-week group exploring health and wellbeing in a safe, supportive, non-judgemental environment. Together we'll explore issues such as anxiety, disappointment, loss and anger and we'll look at different tools we can draw on to support our wellbeing as we journey together. Initially the group is likely to run on an evening via zoom. If you are interested or have any questions, please contact **Simon and Rebecca via email, reb.asma@outlook.com, or phone 07843 884 759**. More details about what Kintsugi Hope means can be seen on the attached advert and also on our website - **stmarysshire.org**.

Bye for now!

C.M.E.

Hello from St Bernard's

We continue to be able to celebrate Mass on Sundays at both churches (St Bernard's 9am & Our Lady of the Rosary 11am). Obviously it's all socially distanced and the guidelines of face masks, hand gel, track and trace forms etc are being applied strictly. We're fortunate in having a rota of volunteers each week who can welcome people as they arrive and then clean the church after Mass. Do come and join us at Mass.

We now have a website: www.olorsb.org.uk - there's lots of information on there, including Mass times for Easter. **Palm Sunday and Easter Sunday Mass at 9am at St Bernard's. Holy Thursday Mass 6pm at Our Lady of the Rosary. Good Friday Liturgy at 3pm and Easter Vigil (Saturday) at 6pm, both these at Our Lady of the Rosary.**



©St Bernard's

We would normally pray the **'Stations of the Cross'** each week of **Lent**. We hope that you'll still be able to do this at home. Perhaps

look online at missiontogether.org.uk OR cafod.org.uk OR thegodwhospeaks2020.org.uk I'd also recommend taking a look at **Pope Francis' encyclical 'Fratelli Tutti'**. His words are inspiring and based around fraternity and social friendship.

Happy Easter everyone.

Hope you like the little joke below!!

I was very disappointed that the daffodils I planted last year turned out to be Marigolds :(



Spring in the Shire



©Bob Pitchford



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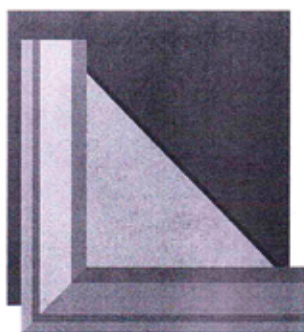
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Drone Photos of Daisy Field Tree Planting

22nd March 2020

Since these photos were taken the large Ash Tree in the centre of the photo has come down! A major branch was torn off by the high winds over the weekend of March 7 –8th. The trunk was torn nearly to the base of the tree.

The tree clearly posed a hazard as it was and the Council had no option but to take it down. The tree has been a familiar landmark for many years, and it's the second large ash in the Daisy Field to be felled because it had been weakened by ash die back. The tree-felling team left a log pile for Friends of Lamplighters Marsh who will use the logs to make a wildlife habitat along the edge of the Field.



SPORT IN SHIREHAMPTON

TWYFORD CRICKET CLUB

Here at Twyford House Cricket Club, we are all eagerly waiting to get back to playing cricket in 2021 after lockdown and the long winter we have all endured. Bring on the summer months!

We are a thriving community club that has four men's Saturday teams, a Sunday team, a womens team that plays softball cricket and cricket for youths starting with all children from 5 years of age as part of the **English Cricket Board's 'All Stars'** programme.

We welcome new players and if you fancy dusting off the winter blues and trying new skills, then Twyford House Cricket Club is the place for you.

Due to Covid-19 related restrictions, our winter indoor training programme has been derailed so we are all looking forward to meeting all players (old and new) outside at **Shirehampton Recreation Ground** when our season begins in **April**.

If you would like your children to sign up for the All Stars programme you can do that at www.ecb.co.uk/play/all-stars

To register for the Dynamos programme go to www.ecb.co.uk/play/dynamoscricket

To attract more girls to the sport, this year we are holding taster sessions for girls from 5 years of age to come along and learn to play softball cricket.

Our coaches are ECB trained, have their DBS, fulfil safeguarding and basic first aid requirements so we operate a safe environment for the participation of all.

We are a friendly, inclusive club and you will receive a warm welcome and are guaranteed to have lots of fun. If you are not interested in playing but fancy stretching your legs and watching some cricket, then come along to Twyford House CC and enjoy the sport as much as we do.

Dates for when we start sessions at our **Penpole Lane ground** are as follows:

| | |
|--|---------------------------------------|
| All Stars (5-8 years of age) | Friday 5:30pm from 14 May |
| Dynamos (8-11 years of age) | Friday 5:30pm from 9 July |
| Girls Cricket Taster Sessions | Sunday 10am from 9 May |
| Under 9s | Wednesday 6:15pm from 28 April |
| Under 11s | Wednesday 6:15pm from 28 April |
| Under 13s | Thursday 6:15pm from 29 April |
| Under 15s | Thursday 6:15pm from 29 April |
| Under 19s | Friday 6:30pm from 30 April |
| Womens Softball Cricket Team | Friday 6:30pm from 30 April |
| Mens Teams | Tuesday 6:15pm from 30 April |

If you would like to take part, then please get in touch with us. Please check out our website www.twyfordhouse.play-cricket.com or follow us on Twitter [@TwyfordHouseCC](https://twitter.com/TwyfordHouseCC) or go to Facebook for all the latest news and to register your interest.

Avonmouth Old Boys Club

From Tiny Cubs to Junior Bears – A Rugby Tale

The sound of the whistle, the excited chatter and laughter of the children, the clapping and support from parents on the sidelines. Boy have we missed that here at Barracks Lane, home of Avonmouth Old Boys RFC.



© Avonmouth Old Boys

Covid has hit our junior section particularly hard. Our season was cut short and no games have been played since February 2020. After a few false starts, we did briefly return to distanced and limited training at the end of last summer. This proved to be short lived!

Pre-covid, we had approx. 350 child members within the club. These were spread amongst an under 5s "tots", 5 mixed "mini" teams, 4 boys and 3 girls "junior" teams. Membership has been decimated for this season though. Behind the scenes, the club worked tirelessly to keep the club afloat, and

continued to meet and plan for the great restart. Yes we have lost a whole season, but we haven't lost our passion and drive.

The club's ethos is not about the winning, it's about the teamwork, friendship, fitness and discipline that helps create a well-rounded individual.

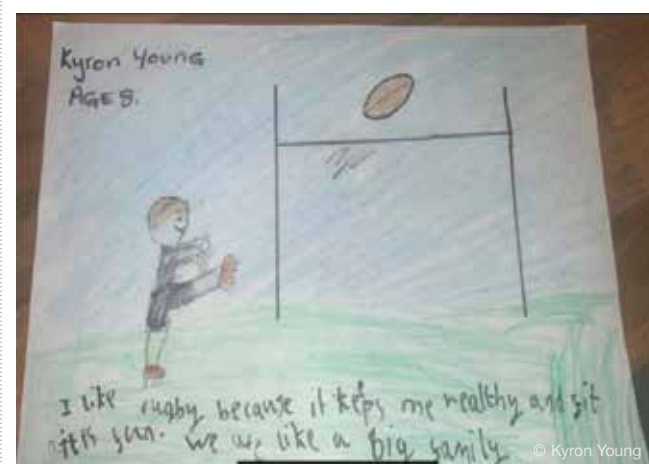
That said, we are immensely proud of our girls who had trials for **Gloucestershire County**, our boys who helped win the **Bristol Inter Schools trophy for Oasis Brightstowe**, and all the boys who currently train with the **Bristol Bears Academy**.

One of our younger members drew a lovely picture and said the club is "fun" and "like a big family". This warmed us, especially as our **RFU and Sport England accredited safeguarding team encourage fun, while keeping the kids safe.**

We are welcoming new players. If your child is interested please contact **Tim Delazzari** on 07788 425390 or **Lucy O'Brien** on 07789 017025. For more information go to: www.pitchero.com/clubs/avonmoutholdboys



© Avonmouth Old Boys



© Kyrion Young

City and Port Bowling Club

The 2021 bowling season is almost here and hopes are high that it will be possible to enjoy much more bowling than was the case last season.

In 2020 only a very limited and controlled amount of bowling was possible due to the pandemic. It was not possible to play competitive or friendly games and the Summer Tour was postponed for a year - that has now become a further year.

Not until **June 16th** was a wood bowled on the green. **Charlie Maby** and **Dave Chilcott** were the first bowlers to enjoy the long awaited opening and the chance to have a roll up, albeit under strict guidelines issued by **Bowls England**. Others followed in the weeks after that and there was even a mini pairs competition toward the end of what was a short and very strange season.

The hope this year is that it will be possible to welcome other clubs to the green and to visit clubs at theirs. **Ladies and Gents Leagues** are all set to go and competitions within and beyond the club

are planned to take place. All of this is subject to direction from Bowls England but hopes are high that something like a normal season will happen.

New members of all ages are welcome - why not come along for a free trial session and bring a friend or two with you. All equipment is supplied and experienced bowlers will be on hand to show you the basics of bowling. Learn a new skill, make new friends and become a winner. You can have up to three trial sessions before deciding if bowling is the sport for you.

September 13th 2015 was a special day in the history of the club. Not only was it the first ever **Presidents Day** but also the day that club shirts were launched and worn for the first time by **City and Port Bowlers**.



© David Hinksman

Part Sponsored by the **Bristol Port Company** the shirt was designed by club members approved by the **Gloucestershire Bowls Association** and finally ordered from a specialist manufacturer by **Gill Hinksman** who coordinated the Club Shirt Project from start to finish and continues to manage the supply of shirts to this day. More recently she has been central to the coming of the very smart Blue Club Jacket.

Thanks to **Ian Kennedy** who supplied the picture and to **Paul Bywater, John Boyce, Mike Porter and Larry Evans** who between them identified all the faces in the picture. It is of the **Men's League Team** who had just won **Division Two and promotion to Division One** - late 1970s or early 1980s - a great achievement by them.

This year's **Winter Bowling Break** could not go ahead in March due to Covid 19, but it will take place and be something to look forward to in **October**.

For further information about the club and its activities please call David Hinksman on 0117 9082713.

Back row: Bob Hillberg, Brian Taylor, John Boyce, Ian Wilson, Ian Kennedy, Bill Warren, John Brailey, Larry Evans, Dick Williams, Charlie Hillier and Brian Champion. Front row: Syd Dixon, Grayson Blake and Bob Ogbourn. The picture was taken late 1970s/early 1980s on the occasion of winning promotion to **Division One** of the **Men's League** for which the trophy was won.



© David Hinksman

SAILING CLUB

We are currently closed at Shirehampton Sailing club but welcome the good news and improvements on the covid situation and hopefully we will be getting back to sailing on our waters at Shirehampton very soon.



© Brian Adams

Slip cleaning is still one of those things which enable us to maintain our ability to sail and encourage our members to help towards the environment in keeping it usable for access to the River. We welcome any volunteers to help move the ever-constant lovely

mud from the slip on weekends, obviously tide dependent.

Tide times are on our new notice board by the sea wall opposite the Lamps pub. So come along and get the feel of that slushy mud as you shovel it up and gently place back in the river to come back another day.

We are presently engaging in a maintenance program for the club house and will be repainting the outside, this will be carried out in the near future.

We hope to be sailing from the **end of March** when covid rules permit and all water sport participants are welcome.

We have rental space available for boats canoes and all watercraft in our compound. **Contact: info@shiresc.co.uk**



© Brian Adams

If your the creative type who loves the outdoors A willow / basket making group is due to take up space at our club house for lessons in creative willow basket making.

Please enquire at where we can put you in contact with the organiser: info@shiresc.co.uk

Wishing you all well, keep safe and hoping to see you all in the very near future.

Shirehampton Sailing Club CIC

Yours,

Brian Adams, Treasurer Shirehampton Sailing Club



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The Little History of Bristol

Remount Depot

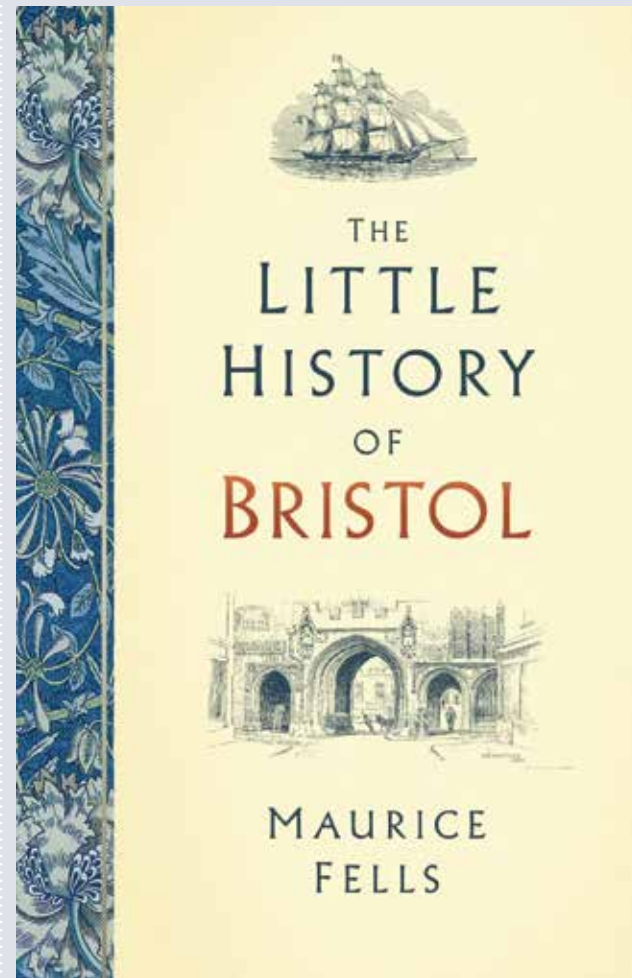
A new book published this month (March) puts the spotlight on a part of Shirehampton that played a major part in the First World War.

A section of **The Little History of Bristol** looks at the role of the Remount Depot where thousands of horses were taken and trained before being sent out to the front lines.

“Not many people outside of the Shirehampton area seem to know that this was one of five Remount Depots set up in the country at the start of the war. When I was digging through various archives I was surprised to find that many of the horses had been requisitioned by the British Army from farms all over the country. They were also taken from family homes where the horses had been treated as pets” said the author Maurice Fells who lives in Clifton.

“This was one of the largest Remount Depots in the country. It was specially built on a site approved by Lord Kitchener, Secretary of State for War” said Maurice. “More than 300,000 horses passed through Shirehampton. Unfortunately many of them died on the Western Front”.

In his book Maurice also looks at Sea Mills where the Health and Housing Minister launched the government’s house-building programme after the end of the First World War. “Altogether more than one thousand houses were built at Sea Mills with seven to the acre giving the occupants space and air around their homes” said Maurice.



The Little History of Bristol, a hard-back book, is published by The History Press. It is the thirteenth book written by Maurice Fells.

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